

# Ethnic Heritage Council

SEPTEMBER 2010

## Seattle Center Festál in September

### Korean Cultural Celebration

*September 11—Center House*  
Korea's traditional Harvest Festival Day offers festival-goers insight into this country's cultural evolution and contemporary culture through folk songs, dance, Tae Kwon Do demonstrations, traditional harvest foods, films and exhibits. Presented by the Korean-American Art & Cultural Association of the Pacific Northwest.

**Did you know?** COLORS OF THE KOREAN CULTURE: Blue, Red, White, Black. MOST POPULAR FOODS: Korean cuisine is largely based on rice, noodles, tofu, vegetables and meats. Traditional Korean meals are noted for the number of side dishes (banchan) that accompany steam-cooked short-grain rice. Kimchi, a fermented, spicy vegetable dish is usually served at every meal. GREATEST SOURCE OF CULTURAL PRIDE: Cultural identity, very colorful history. LIVELIHOOD: IT (Samsung) and Shipbuilding.

Korean American Art & Cultural Association of the Pacific Northwest  
<http://www.koamartists.org>

### Live Aloha Hawaiian Cultural Festival

*September 12*  
*Center House, Mural Amphitheater*

**Aloha** - The Live Aloha Hawaiian Cultural Festival provides a feast for the senses as visitors journey through the sights, sounds and tastes of Hawaii with workshops, Hawaiian crafts, keiki-activities, exhibits and ono food. Join many of the over 50,000 Hawaiian Islanders who call Washington their home as they share their homeland's colorful history through live performances of the hula and mele. Presented by the Live Aloha Hawaiian Cultural Festival Committee.

**Did you know?** COLORS OF THE HAWAIIAN CULTURE: The Hawaiian state flag colors are red, white and blue, however, red and gold are more truly traditional Hawaiian colors and signify Hawaiian royalty. MOST POPULAR FOODS: Kalua pig, rice and spam. Traditional Hawaiian foods include laulau, kalua pig, and poi.

*Continued on page 2, Festál*



Photo by Jal Schrof © EHC

*Korean Cultural Celebration @ Seattle Center—September 11*

## FESTÁL 2010 at SEATTLE CENTER

*September 11*  
Korean Cultural Celebration

*September 12*  
Live Aloha Hawaiian Cultural Festival

*September 18-19*  
Seattle Fiestas Patrias

*September 25-26*  
The Italian Festival

**FREE!**  
[www.seattlecenter.com](http://www.seattlecenter.com)  
206-684-7200

## 20th Annual Cultural Crossroads

*November 5, 6, 7, 2010*

In Commemoration of 20 Years of Celebrating the Riches of our Community @ Crossroads we present the

**CHILDREN OF THE WORLD**

*Saturday November 6*

Children from our ethnic communities parade the indoor festival in native dress, countries represented will be introduced and the kids will receive a treat at the end!

Join our parade of *Children of the World*—call: 206-443-1410; email: [ehc@seattle.gov](mailto:ehc@seattle.gov)



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## Lake Chelan Plays Host to Music Festival

- Submitted by Washington State Parks and Recreation Commission

The Washington State Parks and Recreation Commission Folk Arts in the Parks Program invites the public to an outdoor music festival **September 17-18** at Lake Chelan State Park, nine miles west of Chelan. All are welcome to this free event.

The festival begins at 6 p.m. Friday, Sept. 17 in Lake Chelan State Park, located on the south shore of Lake Chelan. Activities on Friday include a potluck at the event's opening, an open mic at 6:30 p.m., music by the SumGuy Trio of the Wenatchee area at 7:30 p.m. and will conclude with an open mic session.

Performances on Saturday, Sept. 18 include the following musicians:

- 11 a.m. - Mariachi Huenachi, a traditional Mexican mariachi band from Wenatchee High School

- 12 p.m. - Olivia De La Cruz, folk rock musician from the Chelan area
- 1 p.m. - All that Djazz, north central Washington musical group performing gypsy jazz
- 2 p.m. - Olympia Celtic Session Band, Irish Celtic musicians
- 3 p.m. - Hammer Dulcimer demonstration and music. Also, a music workshop for children will be led by park staff
- 4 p.m. - AstroSplash, a blend of reggae, rock and bluegrass stylings
- 5 p.m. - Burgundy Pearl, a folk singer and song writing duo
- 6 p.m. - Keith Hightower, blues and jazz musician
- 7 p.m. - The Kevin Jones Band, electric and acoustic rock with special guest Mark Iler on the harmonica and percussions, plus Cam Nichols on guitar and vocals

8:30 p.m. - Campfire sing-along

To make campsite reservations at Lake Chelan State Park, please call (888) CAMPOUT, (888) 226-7688 or visit [www.parks.wa.gov](http://www.parks.wa.gov).

The celebration is part of the sixth season of a broader series of free events celebrating Washington's diverse cultures, presented by the Washington State Parks and Recreation Commission's Folk and Traditional Arts in the Parks Program in cooperation with Northwest Heritage Resources. The Folk and Traditional Arts in the Parks Program is a partnership between the Washington State Parks and Recreation Commission and the Washington State Arts Commission. Funding support for the series is provided by the National Endowment for the Arts, the Washington State Arts Commission, the Washington State Parks Foundation, and an

*Continued on page 3, Music Festival*

*Festál, Continued from page 1*

Current popular foods include influences from Asian cultures including rice and spam. GREATEST SOURCE OF CULTURAL PRIDE: The Aloha spirit. LIVELIHOOD: Traditionally, whaling - now agriculture (sugarcane, pineapples, macadamia nuts, coffee), hula/music, apparel, tourism, military.

Live Aloha Hawaiian Cultural Festival Committee; 206.851.4411; <http://www.seattlelivealohafestival.com>

### Seattle Fiestas Patrias

September 18-19

Center House, Fisher Pavilion

**Bienvenido** - This celebration of the independence from colonial rule of countries in Central and South America recognizes the diversity of the Latino culture in Western Washington. Join Seattle Fiestas Patrias, "Patriotic Holidays," for this festive holiday filled with Hispanic foods, dance, mariachi music, exhibits and children's activities. - all in celebration of the unique Latin American cultures and their shared language. Presented by the Seattle Fiestas Patrias Committee and Sea-Mar Community Health Center.

**Did you know?** Red, Green & White - Colors of the Mexican Flag. Blue, Red, White and Yellow are the most common colors of Central America. Most Popular Foods: Foods are regional and include tacos, enchiladas, beans, rice, mole, birria, posole. GREATEST SOURCE OF CULTURAL PRIDE: Latin American people are proud of their family, food, languages, literature, film, music, dance, customs, art, and handicrafts. LIVELIHOOD: In the large Latin America countries, economies are driven by oil,

silver and corn production; growth in telecommunications also has a major impact.

Sea-Mar Community Health Center  
<http://www.seattlefiestaspatrias.com/>

### The Italian Festival

September 25-26—Seattle Center House, Fisher Pavilion

**Saluti** - The Italian Festival, inaugurated in 1988, celebrates the joy of "all things Italian" - from opera and popular music to pasta and wine. Food vendors, crafts, puppet theatre, Italian films, a grape-stomping contest and bocce ball tournament honor the "old country" and recognize the remarkable contemporary contributions of this dynamic and artful culture. Presented by Festa Italiana.

**Did you know?** COLORS OF THE ITALIAN CULTURE: Green, white, red (flag) and Azure blue (national sports teams). MOST POPULAR FOODS: One of the greatest sources of pride to the Italians is their food which varies greatly by region. The culture is renowned for its pasta, rice (risotto), corn (polenta), seafood, cured meats (salumi), baked dough with toppings (pizza and focaccia), wine and olive oil. Wine is served with every meal other than breakfast. GREATEST SOURCE OF CULTURAL PRIDE: Individualism and artistic expression. LIVELIHOOD: This historically productive economy is driven by art, tourism, commerce, communications, machinery, iron and steel, food processing, wine, textiles, automobiles, home appliances, clothing, footwear and ceramics.

Festa Italiana; 206-282-0627  
<http://www.festaseattle.com>



# Pearrygin Lake State Park plays host to Fiesta Latina

- Submitted by Jens Lund

The Washington State Parks and Recreation Commission Folk Arts in the Parks Program invites the public to Fiesta Latina at Pearrygin Lake State Park, near Winthrop. All are welcome to this free event.

The Latino cultural celebration runs from 12:30 to 4 p.m. Sunday, **September 19**, on the lakeshore of Pearrygin Lake in Pearrygin Lake State Park east campground area. The event features local musicians from eastern Washington, traditional food available for purchase by Carlos 1800 Mexican Grill & Cantina and folk artist Eva Castellanoz. Methow Arts Alliance will present a kids' hands-on arts booth. To access the event, enter Pearrygin Lake State Park from the east campground entrance.

The schedule of performances includes:

- 1 p.m. - Berrinche Norteño, conjunto norteño (Mexican folk ensemble) from the Okanogan Valley
- 2 p.m. - Los Bailadores del Sol, folklórico dancers from the Yakima Valley
- 3 p.m. - Mariachi Estrella de México, mariachi band from the Wenatchee Valley

Eva Castellanoz, nationally recognized Smithsonian folk artist, will demonstrate the art of wax and paper flower making. Castellanoz is a recipient of the National Endowment for the Arts' prestigious National

Heritage Fellowship, which recognizes lifetime achievement of artistic excellence and contributions to our nation's traditional arts heritage.

The Washington State Parks Folk Arts fiesta is part of a broader series of events celebrating Washington's diverse cultures. The Folk and Traditional Arts in the Parks Program is a partnership between the Washington State Parks and Recreation Commission and the Washington State Arts Commission. Fiesta Latina is sponsored in part by Winthrop Kiwanis Foundation and Carlos 1800 Mexican Grill & Cantina. Additional funding support is provided by the National Endowment for the Arts and the Washington State Parks Foundation through a program grant and an Arts

and the American Recovery and Reinvestment Grant "economic stimulus" grant.

Fiesta Latina is accessible to persons with disabilities. If special accommodations are required in order to attend, please call (509) 429-6808, (509) 996-2370 or (800) 833-6388. Those who are hearing-impaired or speech-impaired may call the Washington Telecommunications Relay Service at (800) 833-6388. Requests must be made in advance.

Pearrygin Lake State Park is a 96-acre camping park in the Methow Valley in north central Washington. The park features expansive green lawns leading to 11,000 feet of waterfront on Pearrygin Lake. The lake offers swimming, fishing and boating.

## Music Festival, Continued from page 2

Arts and the American Recovery and Reinvestment Act "economic stimulus" grant.

This event is accessible to persons with disabilities. If special accommodations are required in order to attend the concert event, please call (360) 902-8526, (509) 687-3710 or the Washington Telecommunications Relay Service (800) 833-6388. Requests must be made in advance.

To get there:

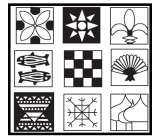
Lake Chelan State Park is on South Lakeshore Drive (State Route 971).

Northbound from Wenatchee: On U.S. Highway 97A, drive nine miles north of Entiat and turn left onto State Route 971. Continue seven miles until the highway ends at South Lakeshore Road. Turn right, then immediately turn left into park entrance.

Southbound from Chelan: Take Highway 97A south. Three miles south of Chelan, turn right onto South Lakeshore Road. Proceed six miles on Lakeshore Road, and turn right into Lake Chelan State Park.

The Washington State Parks and Recreation Commission thanks the public for supporting state parks. Donations made to State Parks through the vehicle license tab renewal program will keep state parks open in the 2009-2011 budget cycle, provided adequate revenues are collected. The Commission manages a diverse system of more than 100 state parks and recreation programs, including long-distance trails, boating safety and winter recreation. The 97-year-old park system will celebrate its 100th anniversary in 2013.

Washington State Parks is now on Twitter at WaStatePks\_NEWS and YouTube at WashingtonStateParks.



READ THIS NEWSLETTER  
ON LINE! VISIT:  
[www.ethnicheritagecouncil.org](http://www.ethnicheritagecouncil.org)

~ September 2010 ~  
Wednesday 1

**Combinations**—The Gallery at Towne Centre presents Combinations: artwork by Jennifer Nerad and Hye Young Kim. **September 1 - October 9.** Call: 206-417-4645; [www.shorelinearts.net](http://www.shorelinearts.net); [www.jennifernerad.com](http://www.jennifernerad.com); [www.hykimstudio.com](http://www.hykimstudio.com).

Thursday 2

**Stanley Jordan Trio**—The Pacific Jazz Institute at Dimitriou's Jazz Alley presents touch-tap guitar sensation the Stanley Jordan Trio. **September 2-5.** 7:30pm, Jazz Alley. Call: 206-441-9729; [www.jazzalley.com](http://www.jazzalley.com).

**Free First Thursday**—On the first Thursday of each month admission to the museum is free and open late sponsored by the Paul G. Allen Family Foundation. 8pm, Burke Museum. Call: 206-543-5590; [www.burkemuseum.org](http://www.burkemuseum.org).

**Free First Thursday**—Once a month the museum stays open late courtesy of Wells Fargo. 5pm, Museum of Flight. Call: 206-764-5720; [www.museumofflight.org](http://www.museumofflight.org).

**Kora Band**—The Kora Band combines traditional music from West Africa with American Jazz to create an inspiring new blend. 12pm, City Hall Plaza. Call: 206-684-7171.

Friday 3

**Roma Swing Ensemble**—Hear Lache Cercel and his Roma Swing Ensemble from Vancouver, BC and their flare and passion of traditional Eastern European melodies with swinging jazz harmonies and a little Egyptian percussion for good measure. 9:30pm, The Wild Buffalo. [www.lachecercel.com](http://www.lachecercel.com).

**First Friday Dance**—Join the Skandia Folkdance Society for the monthly first Friday dance. 7:30pm, Cedar Valley Grange. Call: 206-784-7470; [www.skandia-folkdance.org](http://www.skandia-folkdance.org).

Saturday 4

**Bumbershoot**—Seattle's 3-day music and arts festival celebrates the end of summer with a spectacular showcase of more than 2,500 artists. **September 4-6.** Seattle Center. [www.bumbershoot.org](http://www.bumbershoot.org).

**Family Workshop**—Come for the Bank of America Weekend Family Workshop. Spirit and opportunity are two of the most famous and successful robotic rovers in the history of the US Space Program. Learn about their missions to Mars and design your own explorer.

**September 4-5, 11-12.** 11:15am, Museum of Flight. Call: 206-764-5720; [www.museumofflight.org](http://www.museumofflight.org).

Tuesday 7

**Nordic Stories—Iceland, Puffing, Margaret Wild**—Join us on the first Tuesday of each month (free day at the Nordic Heritage Museum) for Nordic Stories, a program geared toward stay-at-home parents and their preschool aged children. Each session includes a story and a fun craft project for kids to make and take home. This is a free program, no reservations are necessary. *Please note:* This program is not intended for large groups. **10am-11am**, Nordic Heritage Museum. Call: 2 0 6 - 7 8 9 - 5 7 0 7 ; [www.nordicmuseum.org](http://www.nordicmuseum.org).

**Dr. John & The Lower 911**—The Pacific Jazz Institute at Dimitriou's Jazz Alley presents Dr. John & the Lower 911. **September 7-12.** 7:30pm, Jazz Alley. Call: 206-441-9729; [www.jazzalley.com](http://www.jazzalley.com).

Wednesday 8

**Beethoven and Wine Festival**—Kick-off music director Gerard Schwarz's farewell season with Beethoven and Wine, pairing the finest wines in the Northwest. **September 8-10.** 7:30pm, Benaroya Hall. Call: 206-215-4700; [www.seattlesymphony.org](http://www.seattlesymphony.org).

Friday 10

**The Lady With All The Answers**—Seattle's great Julie Briskman portrays Ann Landers in David Rambo's irresistible portrait of the woman who used charm and chutzpah to become America's Therapist. **September 10 - October 31.** ACT Theatre. Call: 206-292-7660; [www.acttheatre.org](http://www.acttheatre.org).

Saturday 11

**Opening Night Concert and Gala**—Seattle Symphony officially kicks-off the new season by featuring highlights from Music Director Gerard Schwarz's musical legacy in honor of his farewell season. 7pm, Benaroya Hall. Call: 206-215-4700; [www.seattlesymphony.org](http://www.seattlesymphony.org).

**Korean Cultural Celebration**—Come celebrate Korea's traditional Harvest Festival Day with folk songs, dance, Tae Kwon Do, films, and exhibits. Seattle Center. [www.koamartists.org](http://www.koamartists.org).

**Dancing on the Green**—Bring family and friends and enjoy an evening of music featuring Bosnian Blues at Dancing on the Green. 6:30pm, Vashon Island. [www.govashon.com](http://www.govashon.com).

**Kelso Highland Games**—Experience a whole weekend of Scottish and Celtic

culture with the Avenue of Clans, Scottish craft and food vendors, music and competitions. **September 11-12.** Tam O'Shanter Park. [www.highlander.kelso.gov](http://www.highlander.kelso.gov).

On June 12, U.S. Citizenship and Immigration Services (USCIS) launched an art project for all children across the United States, ages 5-12, to create images depicting their interpretation of the theme, "We are America." This project asks children to draw pictures that answer the question "People have come from all over the world to become Americans. Why does that make us great?" USCIS is collaborating on this project with public libraries and other community-based organizations serving America's immigrant communities this summer. USCIS will display submissions in offices across the country and will recognize participants during the 2010 celebration of the "September 11 National Day of Service and Remembrance."

Sunday 12

**Dances Under the Crescent Moon**—Come see a journey through the dance traditions of the Muslim world with Helene Eriksen. Rainier Valley Cultural Center. [www.helene-eriksen.com](http://www.helene-eriksen.com).

**Live Aloha Hawaiian Cultural Festival**—The Live Aloha Hawaiian Cultural Festival provides a feast for the senses as visitors journey through the sights, sounds, and tastes of Hawaii with Hawaiian music and hula, workshops, crafts, keiki-activities, exhibits and ono food. 11am-7pm, Seattle Center. Call: 206-684-7200; [www.seattlecenter/festal.com](http://www.seattlecenter/festal.com)

Monday 13

**Geila Zilkha**—The Pacific Jazz Institute at Dimitriou's Jazz Alley presents Kobe's 2010 Jazz Vocal Queen Geila Zilkha as part of the 11<sup>th</sup> Annual Sister City Jazz Day. 7:30pm, Jazz Alley. Call: 206-441-9729; [www.jazzalley.com](http://www.jazzalley.com).

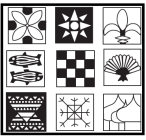
Tuesday 14

**Kyle Eastwood**—The Pacific Jazz Institute at Dimitriou's Jazz Alley presents nu-jazz funk bassist Kyle Eastwood. **September 14-15.** 7:30pm, Jazz Alley. Call: 206-441-9729; [www.jazzalley.com](http://www.jazzalley.com).

Thursday 16

**Jeff Lorber Fusion**—The Pacific Jazz Institute at Dimitriou's Jazz Alley presents Jeff Lorber Fusion. **September 16-19.** 7:30pm, Jazz Alley. Call: 206-441-9729; [www.jazzalley.com](http://www.jazzalley.com).

**Tea Ceremony Presentation**—Come to "The Way of Chado" tea ceremony pres-



entation. **September 16 and 19.** 6:30pm, Seattle Art Museum. [www.seattleartmuseum.org](http://www.seattleartmuseum.org).

#### Friday 17

**Third Friday Dance**—Join the Skandia Folkdance Society for the monthly Third Friday dance. 7:30pm, Cedar Valley Grange. Call: 206-784-7470; [www.skandia-folkdance.org](http://www.skandia-folkdance.org).

**The Washington State Parks and Recreation Commission Folk Arts in the Parks Program** invites the public to an outdoor music festival **September 17 - 18** at Lake Chelan State Park. FREE! See story page 2.

#### Saturday 18

**Seattle Fiestas Patrias**—Celebrate Spanish culture with Hispanic foods, dance, mariachi music, exhibits, and children's activities at the Seattle Fiestas Patrias. September 18-19. Seattle Center. [www.seattlecenter.com](http://www.seattlecenter.com).

**Scandinavian Family Dance**—Bring family and friends and join the Skandia Folkdance Society for their Scandinavian Family Dance. 1-3pm, EMP. [www.skandia-folkdance.org](http://www.skandia-folkdance.org).

**Battle of Britain Remembrance Day**—Celebrate the 20<sup>th</sup> anniversary of history's greatest air battle at the museum. September 18-19. Museum of Flight. Call: 206-764-5720; [www.museumofflight.org](http://www.museumofflight.org).

**Family Workshop: Comets and Asteroids**—Comets and asteroids are some of the oldest objects in our solar system. Learn about these unique objects and make your own model. **September 18-19, 25-26.** 11:15am, Museum of Flight. Call: 206-764-5720, [www.museumofflight.org](http://www.museumofflight.org).

#### Sunday 19

**Latino Cultural Fiesta - Presented by The Washington State Parks and Recreation Commission Folk Arts in the Parks Program.** 12:30pm, Pearrygin Lake State Park. FREE! All are welcome. See information on page 3.

**Grecian Sounds**—See Hank Bradley on bouzouki and Yannis Novakis on guitar and vocals as they bring fine traditional Greek songs and dance tunes to life. 6:30pm, Kafe Neo. Call: 425-672-3476. [www.hankandcathie.com](http://www.hankandcathie.com).

**Arabs Gone Wild.** Enjoy the work of several comedians with special guest Fahm Anwar during Arabs Gone Wild. 7pm and 10pm, The Triple Door. Call: 206-838-4333; [www.tripledoor.com](http://www.tripledoor.com).

**Bug Blast**—Enjoy everything Bugs during this exhibit. See bugs, hold bugs,

and taste bugs at this annual family event. 10am-4pm, Burke Museum. Call: 206-543-5590; [www.burkemuseum.org](http://www.burkemuseum.org).

#### Tuesday 21

**Geri Allen**—The Pacific Jazz Institute at Dimitriou's Jazz Alley presents Geri Allen featuring Oliver Lake, Don Bryon, Andrew Cyrille and Reggie Workman. **September 21-22.** 7:30pm, Jazz Alley. Call: 206-441-9729; [www.jazzalley.com](http://www.jazzalley.com).

#### Wednesday 22

**Suden Vuosi**—See Suden Vuosi (The Year of the Wolf) as part of the Finnish Films series. September 22 and 24. 2pm and 7:30pm, Swedish Cultural Center. Call: 206-325-4347.

#### Thursday 23

**Tower of Power**—The Pacific Jazz Institute at Dimitriou's Jazz Alley presents Tower of Power. **September 23-26.** 7:30pm, Jazz Alley. Call: 206-441-9729; [www.jazzalley.com](http://www.jazzalley.com).

#### Friday 24

**Festa Italiana**—Come to the exciting "Taste of Italy" for Seattle's Festa Italiana. [www.festaseattle.com](http://www.festaseattle.com).

#### Saturday 25

**Kids and Parents Viking Cooking Class**—Parent/child teams will create a Viking meal from 1,000 years ago! Grind grain and cook in cauldrons over the fire. Each team will get a copy of the recipes and a unique knowledge of Scandinavian food history. This class is taught by Jorunn and her husband Alanus, Viking-age researchers, educators, and re-enactors. For children age 8 and up. *Please note: Adults are responsible for the behavior of their child-partners.* We will be working with fire, so disruptive or unruly children or adults will be asked to leave for their own safety. *Cost: \$30 per parent/child team for Museum members, \$35 per team for non-members.* 9am-1pm, Nordic Heritage Museum. To register, please contact Stina Cowan at (206) 789-5707, ext. 211; [www.nordicmuseum.org](http://www.nordicmuseum.org).

**Annual Auction Banquet**—El Centro de la Raza's 3<sup>rd</sup> annual auction banquet includes a silent auction, dinner, and live music. 7pm, Seattle Design center. Call: 206-957-4649; [www.elcentrodelaraza.org](http://www.elcentrodelaraza.org).

**Free Museum Day**—This annual event hosted by Smithsonian Media offers the chance for people to come view the museum exhibits free of charge. Visit [www.smithsonian.com/museumday](http://www.smithsonian.com/museumday) for more information and tickets. Museum of Flight. Call: 206-764-5720;

[www.museumofflight.org](http://www.museumofflight.org).

**Grecian Sounds**—Join Hank, Cathie and Yanni as they perform favorite Greek songs and dance tunes. 8pm, Georgia's. Call: 206-783-1228. [www.hankandcathie.com](http://www.hankandcathie.com).

**Catch the Crush**—Join the Yakima and Columbia wineries to celebrate harvest and the 24<sup>th</sup> annual Catch the Crush event. Each winery offers its own celebratory events including grape stomps, harvest and crush activities, tours, live music, wine tasting and more. **September 25-26.** [www.columbiavalleywine.com](http://www.columbiavalleywine.com).

**The Russian Center Bazaar**—Come join us for pelmeny (Siberian dumplings in broth), borscht, and piroschki, beef or cabbage. Everything is handmade from traditional recipes handed down from generation to generation. Desserts include Vatrushka (Russian cheesecake), Napoleons, Meringues, Fruit Tarts among many other selections. Coffee and tea. Entertainment will include traditional Russian dancing, singing and music. Arts and crafts will be for sale. 12-5pm, Russian Cultural Center. **September 25-26.** *The Russian Center building was formerly known as the Roycroft Movie Theater. One side of the building still bears the sign, "Why not wait and see the pictures here for less--and avoid parking troubles." The building was purchased by the Russian community in 1952 and remodeled slightly to include a maple dance floor and deeper stage. The facilities are available for rent.*

Call: 206-323-3877; [www.russiancommunitycenterseattle.org](http://www.russiancommunitycenterseattle.org). See insert.

**23<sup>rd</sup> Annual Italian Festival**—Celebrate the joys of "all things Italian" including opera, pasta and wine at the 23<sup>rd</sup> annual Italian Festival. Seattle Center. [www.festaseattle.com](http://www.festaseattle.com).

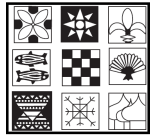
#### Tuesday 28

**Elaine Elias**—The Pacific Jazz Institute at Dimitriou's Jazz Alley presents Brazilian Jazz Pianist, Vocalist and Songwriter Elaine Elias. **September 28-29.** 7:30pm, Jazz Alley. Call: 206-441-9729; [www.jazzalley.com](http://www.jazzalley.com).

#### Thursday 30

**Nancy Wilson**—The Pacific Jazz Institute at Dimitriou's Jazz Alley presents song stylist who embodies gospel, blues, and jazz, Nancy Wilson. **September 30 - October 3.** 7:30pm, Jazz Alley. Call: 206-441-9729; [www.jazzalley.com](http://www.jazzalley.com).

**An Evening of Wine and Chocolate**—Come for an elegant evening with great



### Kimchi (Korean Pickle)

2 lbs. vegetables: cabbage, yellow turnip and cucumber  
2 Tbls. salt  
1½ Tbls. minced onion  
1 tsp. minced garlic  
2/3 tsp. minced ginger root  
½ (to 1) Tbls. ground red pepper

Wash and drain vegetables. Peel turnip and cucumber. Slice vegetables into small pieces. Sprinkle with 2 T. salt, and let stand for 3-4 hours. Press out liquid. Mix vegetables well with onion, garlic, ginger root and red pepper. Put vegetables in a large glass jar with a tight lid. Leave jar in the refrigerator for 3-4 days. Serve with meals. Makes approx. 2 pints.

### Pipi Kaula (Hawaiian Style Jerky)

2 lb Flank steak  
¾ Cup Soy sauce  
2 Tbls. Hawaiian salt  
1½ Tbls. Sugar  
1 Clove garlic, minced  
1 Piece ginger, crushed  
1 Red chili pepper, crushed

Cut beef into strips about 1 1/3 inch wide. Combine all other ingredients and soak beef in the sauce overnight. If you have a drying box, place the meat in hot sun for two days, bringing it in at night. If drying in the oven, set oven to 175 degrees. Place meat on a rack such as a cooking rack. Place cooling rack on a cookie sheet and dry meat in oven for 7 hours. Store in refrigerator.

### Mexican Posole

2 lb. Pork roast, cut in chunks  
½ lb. Pork rinds (skins)  
2 Pork shanks or pigs feet  
1 Tbls. Salt  
2 Cup Posole  
1 Tbls. Oregano  
2 Cloves garlic, mashed  
2 Tbls. Chopped onion  
4 Red chili pods, remove seeds

Place meat and pork rinds and pork shanks in a large kettle and add about 5 quarts of water or enough to cover meat. Add approximately 1 tablespoon salt and bring to a boil. Cook over medium heat for about 1½ hours. Remove excess grease and set aside. Reserve liquid. Wash the posole very carefully until the water is clear so as to remove lime from kernels. Put in large kettle and cover with water. Boil until posole has popped. Mix meat, posole, rind and shanks or pigs feet. Add oregano, garlic, onion and chili pods. Let simmer for about 1/2 hour. Posole may be served as a main dish with hard rolls, tortillas or crackers. Additional red chili sauce may be added at serving time for more spice. *You can also add one can of tomatoes to enhance the flavor.*

### Italian Risotto with 4 Cheeses

1 medium Onion  
4 oz. Fontina cheese  
5 oz. Gorgonzola cheese  
6 Cup Chicken stock (or 3 cups canned chicken broth & 3 cups water)  
5 Tbls. Butter  
2 Cups Arborio rice (15 ounces)  
3 Tbls. Grated Parmesan cheese  
3 Tbls. Grated pecorino cheese  
1 tsp. Ground black pepper

Peel and mince the onion. Cut the fontina and Gorgonzola cheeses into 1/4-inch dice (1 cup each). Bring the chicken stock (or chicken broth and water) to a boil; cover and keep warm. Heat 4 tablespoons butter in a large soup kettle. Add onion and saute until softened, about 4 minutes. Stir in rice and saute until translucent and coated with butter, 1 - 2 minutes. Add 1/2 cup hot stock and, stirring continuously, simmer until liquid is completely absorbed, about 1 minute. Repeat with remaining stock, stirring continuously, adding 1/2 cup at a time. Add more stock only after previous addition has been absorbed. Continue to cook, stirring and adding hot stock, until rice is creamy and just tender, 20- 25 minutes. Remove from heat and stir in remaining butter, cheeses, and pepper. Serve immediately.

wine, and chocolate to benefit the Washington Poison Center. 6:30pm, Fremont Studios. [www.wapc.org](http://www.wapc.org).

~ MORE ~

**Multicultural Events at KCLS Programs for Children, Families and Adults.** Visit: [www.kcls.org](http://www.kcls.org).

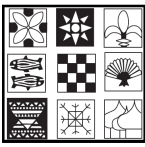
**The Nordic Heritage Museum** gives visitors a glimpse of the ways Scandinavian immigrants helped shape the new world. "The Dream of America" exhibit is an interactive path that traces the journey of a Nordic immigrant from Scandinavia to Ellis Island, and into the American frontier. The Museum is open Tuesday-Saturday, 10AM-4PM; Sundays 12PM-4PM. Admission: \$6.00 adults, \$5.00 seniors and college students, \$4.00 students K-12, children under 5 free. Call: 206-789-5707; [www.nordicmuseum.org](http://www.nordicmuseum.org).

### SEEDArts to feature taste of Mexican, Chinese, African-American cultures in "Arts Gumbo"

Every year, SEEDArts highlights three different cultures from the diverse community of Southeast Seattle and beyond in its three-part series, Arts Gumbo. Each culture is celebrated at the Rainier Valley Cultural Center with performances, a question and answer session, workshops and food samples from each culture. Now in its ninth year, the family-oriented event will feature the Mexican, Chinese, and African-American cultures.

The three-part interactive series opens with *The Spirit of Mexico* on Saturday, **September 18** at 6pm featuring the regional Mexican dance troupe Joyas Mestizas. Joyas Mestizas performs a dynamic dance set, fusing indigenous and courtly dances of Mexico, garbed in colorful, traditional costumes. Joyas Mestizas includes 30 dancers and is dedicated to promoting awareness, appreciation and understanding of the rich cultures of Mexico and Latin America. After the dance performance, the group will include the audience in some participatory dances. The event also includes an exhibit of Mexican costumes and handicrafts and a reception where free samples of Mexican pasties and hot chocolate will be offered. For more information about Joyas Mestizas, visit [www.joyasmestizas.org](http://www.joyasmestizas.org).

Next, on Saturday, **October 16**, Arts Gumbo will partner with the Chinese



Arts and Music Association to present *The China Experience* at 6pm. This event features The Seattle Chinese Orchestra (SCO) performing traditional Chinese music works by contemporary Chinese composers, as well as Classical music and music from other cultures rearranged for Chinese instruments. After the performance the audience is invited to a *Make Music with Us* workshop with the performers. Chinese pastries and tea will also be offered. CSO has over forty members performing on bow-stringed instruments, plucked instruments, woodwinds and percussion and is the only traditional Chinese orchestra in the Pacific Northwest. CSO's Music Director is Warren Chang and its current conductor is Roger Nelson. For more information about the Chinese Arts and Music Association, visit [www.uschinamusic.org](http://www.uschinamusic.org).

Closing the series, on Saturday, Nov. 13 at 6pm, Arts Gumbo will partner with

the regionally acclaimed Northwest Tap Connection to present *Rhythms of the Sole*, a cultural journey through African American music guided by the sounds of rhythm tap dance. A Q&A including audience participation will follow. After the performance, a variety of traditional African American desserts will be offered.

Led by Louisiana native and tap dance historian Melba Ayco, Northwest Tap Connection is a distinctive urban dance studio specializing in Rhythm Tap. NW Tap was a recipient of the City of Seattle 2009 Mayor's Arts Award. For more information about the Northwest Tap Connection, visit [www.nwtapconnection.com](http://www.nwtapconnection.com).

Arts Gumbo will take place at the Rainier Valley Cultural Center, 3515 S. Alaska St. (the SW Corner of Rainier Ave. & S. Alaska St.) in Seattle. Tickets are: \$10 general admission, \$7 for stu-

dents and seniors, \$5 for children ages 4-18, free for ages 3 and younger, and \$25 for families of up to 4 people. Tickets are available at the door and online through Brown Paper Tickets at <https://brownpapertickets.com/producer/1784>. For more information about Arts Gumbo, call 206-760-4285, visit [www.seedseattle.org/seedarts/rvcc/artsgumbo.com](http://www.seedseattle.org/seedarts/rvcc/artsgumbo.com) or check out our blog at [www.artsgumbo.com](http://www.artsgumbo.com).

**Arts Gumbo** is presented by SEEDArts, a program of SouthEast Effective Development. Arts Gumbo is supported in part by 4 Culture/King County Lodging Tax, Washington State Arts Commission, Seattle Office of Arts & Cultural Affairs, The Lucky Seven Foundation, The Norcliffe Foundation, BNSF Foundation, The Tulalip Foundation and SEEDArts Annual Fund contributors. For more information about SEEDArts, visit [www.seedseattle.org/seedarts.html](http://www.seedseattle.org/seedarts.html).

*Festál 2010 presented by Seattle Center in partnership with community organizations, is a year-long series of FREE events that honors the cultural richness and diversity of the Pacific Northwest. Festál plays a vital part in Seattle Center efforts to connect our dynamic and varied communities. This collection of 22 events is presented with the generous support of Wells Fargo, Verizon Wireless and KUOW 94.9 Public Radio. Additional support is provided by The Paul G. Allen Family Foundation, The Boeing Company, Seattle Center Fund and the City of Seattle.*

Visit: <http://www.seattlecenter.com/events/festivals/festal/>

*EHC is proud of its association with Festál and supports the work of our many ethnic communities in the Puget Sound Area and across Washington State in the name of preserving cultures.*



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The Canonicus Fund



## WHO WE ARE...

2010-2011

### Officers and Executive Board

JoAnne Lee, *President*

Sam Kaplan, *Vice President*

Mark Vohr, *Secretary*

Jim Williams, *Treasurer*



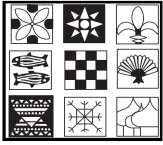
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JoAnne Lee	Nancy Spieker
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Lin Lucas	Mark Vohr
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Maria Kesovija, *Assistant Director, Newsletter Editor*  
Sally Rutledge, *Projects Support, Newsletter/Calendar Assistant*  
Jessica Segur, *Calendar Assistant*

*The Ethnic Heritage Council is dedicated to preserving the unique mix of cultural traditions that enrich our Northwest communities. Annually, the Council produces several ethnic festivals, and a public naturalization ceremony on July 4th. EHC publishes CONTACT: A Directory of Ethnic and Cultural Resources in Washington State, and operates a referral service for the community. The Newsletter is a publication of the Ethnic Heritage Council of the Pacific Northwest. Submission deadline for the October 2010 edition is September 20th. Please send submission materials, to the EHC office via mail, fax: 206-443-1408; or email text items as attached word document: [ehc@seattle.gov](mailto:ehc@seattle.gov). Contact EHC with any questions at: 206-443-1410. Visit our website at: [www.ethnicheritagecouncil.org](http://www.ethnicheritagecouncil.org).*



**Ethnic Heritage Council**  
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 Seattle, WA 98109  
 206-443-1410  
 ehc@seattle.gov

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*The Ethnic Heritage Council is dedicated to preserving the unique mix of cultural traditions that enrich our Northwest communities.*

**JOIN US!**

*Become a member of the Ethnic Heritage Council. Join us in our 30<sup>th</sup> year of celebrating community. Your annual membership helps support the events, programs and services of the Council. Any additional contribution you give is greatly appreciated. Thank you for your support!*

Name _____			Organization _____	
Address _____			Area Code      Phone Number _____	
City _____	State _____	Zip _____	E-mail Address _____	

**EHC Members receive:** Subscription to EHC Newsletter; Advance notice of up-coming events; Event consultation. *Organizations may register two addresses.*

**Heritage Circle Members receive:** Same benefits as EHC Members. Plus: Free advertising - newsletter/website; Event/meeting location, as available at Seattle Center.

- \$35 Individual/Student
- \$55 Organization
- \$150 Patron
- \$500 Heritage Circle

- Payment Method:
- Check (payable to EHC)
  - Visa
  - Mastercard



- I wish to make a contribution of \$ \_\_\_\_\_
- Please contact me about volunteer work

Acct # \_\_\_\_\_

TOTAL ENCLOSED \$ \_\_\_\_\_

Exp. Date \_\_\_\_\_

Signature \_\_\_\_\_

The Ethnic Heritage Council is a non-profit, 501(c)(3) organization, registered in the state of Washington. Donations are tax deductible to the extent permitted by law. Your employer may offer a matching funds program to maximize your donation. Please check with your Human Resources Department. **Thank You**

**20<sup>th</sup> Annual Cultural Crossroads**  
**Produced by Ethnic Heritage Council & Crossroads Bellevue**  
**November 5, 6, 7, 2010**

**Children of the World PARADE Registration Form**  
**Saturday, November 6, 2010, 12noon-12:30pm**

- 1 Name of Organization, if applicable: \_\_\_\_\_  
Contact Person/Parent: \_\_\_\_\_  
Daytime Phone: \_\_\_\_\_ Evening Phone: \_\_\_\_\_  
Email: \_\_\_\_\_  
Street Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_
- 2 Number of participants in costume: \_\_\_\_\_
- 3 *Children between the ages 5-12, please. And/or Teen / adult participant. Attach page to list more participants.*
- CHILD'S NAME & AGE: \_\_\_\_\_  
CHILD'S NAME & AGE: \_\_\_\_\_  
TEEN (AGE)/ADULT NAME: \_\_\_\_\_

**REGISTRATION DUE: October 15, 2010**



*PLEASE KEEP SECTION BELOW FOR YOUR INFORMATION*

- 1 Please fill-out and return (above) registration to:  
Mail: **Ethnic Heritage Council** Phone: (206) 443-1410  
**305 Harrison Street, Suite 304** Fax: (206) 443-1408  
**Seattle, WA 98109-4645** Email: ehc@seattle.gov
- 2 The participants will process in the **20<sup>th</sup> Annual Cultural Crossroads – Children of the World PARADE.**  
- November 6, Saturday, Crossroads Bellevue, 15600 NE 8TH Street, Bellevue, WA 98008  
- The PARADE will last 30min., 12:00noon – 12:30pm.
- 3 **The Children of the World:**  
- will be dressed in their **ethnic costume.**  
- will meet at the **Crossroads Bellevue (location to be announced) at 11:30am, in costume.**  
- will parade the festival—*hallways of Crossroads Bellevue.*  
- will be introduced—*countries/nations represented will be introduced.*  
- will be photographed by EHC photographer.  
- will receive a treat at the conclusion of the parade!

The Ethnic Heritage Council is a non-profit organization, dedicated to preserving the unique mix of cultural traditions that enrich our Northwest communities. Please visit our website: [www.ethnicheritagecouncil.org](http://www.ethnicheritagecouncil.org).



**FOOD** 🍷 **ENTERTAINMENT** 🍷 **CRAFTS**

**SEPTEMBER 25-26<sup>TH</sup>, 2010**

**SATURDAY & SUNDAY | NOON - 5PM**

**RUSSIAN CENTER**

**704 19<sup>TH</sup> AVE E - SEATTLE, WA - 98112 | 206.323.3877**

**Directions: Corner of 19<sup>TH</sup> Ave East & East Roy St / Across the street from St. Joseph Catholic Church**

[www.russiancommunitycenterseattle.org](http://www.russiancommunitycenterseattle.org)