

Ethnic Heritage Council

MAY 2011

Ethnic SpringFest—May 20th

EHC is ready to celebrate! *What? You ask. Life! Friendship! Sharing! Ethnicity! And our Cultures!*

This first time event—**ETHNIC SPRINGFEST—May 20, 2011**—is a celebration of all those things. We come together to share a meal, enjoy entertainment and to honor EHC's longtime friend, supporter and leader, **Tsering Chamatsang Yuthok**. She is an inspiration to us and to our event!

Tsering Chamatsang Yuthok chose the path promoted by the Ethnic Heritage Council, to preserve one's immigrant heritage while embracing customs of the new country.

In 1996 Tsering Yuthok received EHC's *Spirit of Liberty Award*, an award presented at the annual *4th of July Naturalization Ceremony* to a naturalized citizen who has made outstanding contributions to the United States while maintaining his/her ethnic heritage.

In 1987 **Mayor Charles Royer** had the vision to develop Seattle's international perspective for economic prosperity and cultural enrichment and established the *Office of Inter-*

national Affairs, starting out with 12 Seattle sister cities, and with Tsering as an original staff member. In 1992 OIA merged with the Office of Intergovernmental Relations where Tsering continued as sister cities coordinator, nurturing the program to become one of the largest in the country with 21 sister cities worldwide. Tsering retired in 2011.

"When you grow up, do something for Tibet," her father told her as a child. She continues to work tirelessly preserving the history of her Tibetan culture and customs. Tsering Yuthok is founding member of the Nyechen Thangla Tibetan Dance Troupe, passing on to the young the same dances she learned as a child.

We hope you will join us May 20th at Seattle's *House of Hong* restaurant for a scrumptious Chinese sit-down dinner, entertainment and enjoy the company of family and friends.

Call: 206-443-1410; email: ehc@seattle.gov; visit: www.ethnicheritagecouncil.org.



U.S. Congressman Jim McDermott presented the *Spirit of Liberty Award* to Tsering Yuthok, 7-4-1996. Photo © EHC.

**Ethnic Heritage Council
of the Pacific Northwest**

**ETHNIC
SPRINGFEST**

May 20, 2011

Dinner & Entertainment!

House of Hong Restaurant

**RSVP by May 13th to:
206-443-1410;
ehc@seattle.gov**

40th Annual NW Folklife Festival

Memorial Day Weekend is just around the corner! Folklife will soon welcome us all to the **40th Annual Northwest Folklife Festival May 27-30, at Seattle Center**.

The celebration of 40 years of Folklife is a milestone achievement for the organization and for this community. Since 1972, the Festival has evolved into the largest event of its kind in the United States. This year Folklife showcases the talents of more than 6,000 musicians, artists and craftspeople, offering the public opportunities to play, dance, sing, taste, learn, and participate in *folklife*: "what folks do"!

Every year since 1972, the Northwest Folklife Festival has brought a celebration of diversity and tradition to the heart of the city. The

Folklife Festival exists to celebrate all forms of cultural expression practiced in the Northwest. There are no headliners and all of the performers play for free. This allows Festival organizers to keep the event free to all who attend, asking instead for donations to cover basic operational costs.

The first Festival presented over 300 performers to an enthusiastic audience over Memorial Day weekend, and was hailed as a successful and needed addition to Northwest arts programs. Today, the four-day Festival attracts an audience of about 250,000 visitors and has over 6,000 volunteer performers and 800 volunteers. Visitors from all over the world

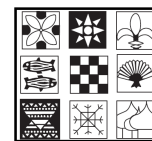
Continued on page 5, Folklife

INSIDE THIS ISSUE:

Ethnic SpringFest	1
Northwest Folklife Festival	
Local CFU Celebrates	2
Calendar of Ethnic Events	2-5
WORLD Recipes	6
Join Us!	7
Meet the EHC Board & Staff	
EHC Ethnic SpringFest	8

INSERTS:

*June 16-19: Leavenworth
International Accordion Celebration
EHC SpringFest—May 20, 2011*



Seattle Lodge 439, Croatian Fraternal Union To Celebrate 100 Years On June 5th

The Croatian Fraternal Union is a non-profit organization headquartered in Pittsburgh, PA. Its purposes are mutual assistance and the promotion of Croatian culture and identity. It operates a system of lodges in the United States, Canada and Croatia.

Seattle Lodge 439 ("Sinovi Hrvatske Domovine"/Sons of the Croatian Homeland) was founded by Simon Skalabrin and Franjo Franicevic and 18 other young patriots, all from Dalmatia, on April 10, 1911.

For 100 years the lodge has fulfilled its role as a cultural and benevolent organization. It has enhanced Croatian

identity in the Pacific Northwest via its cultural productions, cared for its own members and extended vast amounts of humanitarian aid to the needy here and abroad.

Lodge 439, a long time member of the Ethnic Heritage Council, will celebrate its 100th anniversary with a luncheon and program on June 5th at Maplewood Greens Golf Club near Renton. The celebration will continue with the annual picnic at Vasa Park on July 30.

For details about these two events visit CroatiaFest.org or call Sec./Treas. Richard Major 206-282-1424.

READ THIS NEWSLETTER
ON LINE! VISIT:
www.ethnicheritagecouncil.org
~ MAY 2011 ~

NW Film Forum through May 6.
www.nwfilmforum.org or 1-800-838-3006.

The Burning House—NW Puppet Center, presents *Haydn's Marionette Opera*. Friday, 8pm; Saturday 2 & 8pm; Sunday, 2pm. Call: 206-523-2579; www.nwpuppet.org

Nordic Heritage Museum Exhibition: Vessels of the Heart: Fairbanks at Arabia / Cushing and Salmenhaara at Alfred. Nordic Heritage Museum. *Through-May 22*. Call: 206-789-5707; www.nordicmuseum.org

Sunday 1

Asian-Pacific Islander Heritage Month Celebration—Experience the rich cultures of the Asian-Pacific Islander communities through song, dance, music and art. 12-5:30pm, Seattle Center House. Call: 206-684-7200; www.seattlecenter.com.

Wednesday 4

Les Violons Du Roy—Visiting Orchestras Series concludes with conductor Bernard Labadie leading Les Violons du Roy in an all-Baroque program. 7:30pm, Benaroya Hall. Call: 206-215-4747; www.seattlesymphony.org.

Brush with Nature—The Shoreline-Lake Forest Park Arts Council and the City of Shoreline present the new exhibit Brush with Nature. *May 4 - July 29*. Shoreline City Hall. Call: 206-417-4645; www.shorelinearts.net.

Thursday 5

Space Day—The Museum will offer space-related activities in observance

of Space Day. Events include planetarium shows, crafts, and more. 5pm, Museum of Flight. Call: 206-764-5720; www.museumofflight.org.

Wells Fargo Free First Thursday—Once a month, the Museum stays open late - for free! Enjoy the Museum's Great Gallery, Airpark, Personal Courage Wing and more. 5pm, Museum of Flight. Call: 206-764-5720; www.museumofflight.org.

Cinco De Mayo Celebration—Come celebrate this holiday the right way at the Cinco de Mayo Celebration! 5:30pm, El Centro de la Raza. Call: 206-957-4659; www.elcentrodelaraza.org.

Old Time Country Dance—Come for the Lake City Contra/Old Time Country Dance with "La Famille Legar", a French-Canadian family band. 7:30pm, Lake City Community Center. Call: 525-0932.

Shostakovich's Piano Concerto No 1—Virtuoso pianist Vladimir Feltsman returns to perform Dimitri Shostakovich's Piano Concerto No 1 with Guest Conductor Jakub Hrusa and Seattle Symphony. *May 5-8*. Benaroya Hall. Call: 206-215-4747; www.seattlesymphony.org.

Friday 6

Contra Dance—Come for the Emerald City Contra Dance with a workshop followed by a public dance. 7pm, Phinney Neighborhood Center. Call: 206-440-9839; www.seattledance.org.

First Friday Dance—Join the Skandia Folkdance Society for their monthly First Friday Dance. Don Meyers and Kathi Ploger will teach Mazurka and other dances from Scandinavian countries. 7:30pm, Cedar Valley Grange. Call: 206-784-7470; www.slandia-folkdance.org.

folkdance.org.

Chamber Concert—Seattle Symphony musicians and their guests present a Musician Chamber series performance. 8pm, Benaroya Hall. Call: 206-215-4747; www.seattlesymphony.org.

English Country Dance—Come learn traditional country dances from England with a dance afterwards. 8pm, Swedish Cultural Center. Call: 206-525-6065; www.swedishculturalcenter.org.

Seattle Balkan Dancers—The Seattle Balkan Dancers would like you to join them for an evening of Balkan line dancing with live music and instruction. 8:30pm, The Russian Center. Call: 425-883-0332; www.seattlebalkandancers.org.

Fundraising Gala—Come for the Film Forum's Annual Fundraising Gala with games, films, film makers, delicious food and interesting people. Georgetown Ballroom. Call: 800-838-3006; www.nwfilmforum.org.

Saturday 7

Magic Flying Carpet Storybook—Children and parents can sit on our magic carpet and listen to stories of flight from around the world. Stories reflect the theme of the family workshops that follow. *May 7-8, 14-15, 21-22, 28-29*. 10:30am, Museum of Flight. Call: 206-764-5720; www.museumofflight.org.

Big on Bamboo—Make big drawings with bamboo and ink and explore Chinese calligraphy in the SAM collection galleries. 11am, Seattle Asian Art Museum. www.seattleartmuseum.org.

Splashdown—Be a part of an Apollo astronaut recovery mission. Make your own space capsule then re-enact a re-entry and splashdown as part of the



Bank of America Weekend Family Workshop. **May 7-8, 14-15, 21-22, 28-29.** 11am, Museum of Flight. Call: 206-764-5720; www.museumofflight.org.

All You Can Eat Pierogi Fest at the Polish Cultural Center—It's the annual pierogi (Polish dumplings) extravaganza that includes several different kinds of pierogi: meat, potato & cheese, sauerkraut & mushrooms, blueberries, plum etc. Free attractions include: folk group performances by *Polonez* Folk Dance Group from Vancouver BC, *Vivat Music* Polish Choir from Seattle, and young *Polanie* Children's Folk Dance group from Seattle, craft workshops (make your own pierogi!), animation movies & children activities. You can eat leisurely, listen to Polish music and have a good time. Also available: beer, wine as well as coffee, soft drinks and homemade desserts (not included in the admission price). 11am-4pm. **PLUS - Polish Book & CD Sale at the Polish Cultural Center** - This event that is a part of the Pierogi Fest features usually a lot of new and second-hand books and albums in Polish, bi-lingual or in English on Polish topics as well as Polish CDs and DVDs - most at very affordable prices! 12noon-4pm. Call: Martha Golubiec, 206-935-7535.

Spirit of West Africa—Celebrate the art, music, and culture of Africa through live music, dance, art, film, exhibits, family activities, a fashion show, and marketplace at the Spirit of West Africa Festival. 12-8pm, Seattle Center House. Call: 206-684-5560; www.seattlecenter.com.

Dinner Show and Auction—Join the Seattle Choral Company for their Annual Dinner Show and Auction. This year's theme, Sing, Sing, Sing, will consist of several great items to bid on, a tasty meal, a nine-piece big band, singing, dancing, and more. Hyatt Regency Bellevue. Call: 2026-713-1077; www.seattlechoralcompany.org.

Bainbridge Scandinavian Dance—6pm, Optional potluck supper; 7pm, Dance. Island Center Hall. Call: 206-780-8036.

Lea Delaria—Come hear a special performance by Lea Delaria. 7:30pm, The Triple Door. Call: 206-838-4333; www.thetripledoor.net.

Balkanarama—7:30-10:30pm, 4th Corner Folk Dancers' First Saturday Party, Fairhaven Library, Bellingham. Finger foods, snacks appreciated. Call: 360-380-0456. www.balkanarama.com.

The Magic Flute—An enchanting Celebration of Love, Life and Light. Opera

in German with English Subtitles. The genius of Mozart shines bright in *The Magic Flute*, a one-of-a kind theatrical marvel mixing popular tunes, stately choruses, tender duets, and show-stopping vocal display. A handsome prince and a charming everyman embark on a quest to rescue the Queen of the Night's daughter from shadowy group of mystics. But all is not as it seems in this fantastic land... **May 7-21.** McCaw Hall. Call: 206-389-7676; www.seattleopera.org

Tuesday 10

25th Anniversary of the International Children's Festival—This anniversary celebration by Giant Magnet features authentic global performance, theatre, music, dance, puppetry and circus arts. **May 10-14.** www.giantmagnet.org.

Wednesday 11

Live Jazz—Come for a relaxing evening of live jazz trio—Shena Van Spronsen, vocals; Ashley Webster, piano & Josh Arcega, guitar. 7pm, North City Bistro. Call: 206-365-4447.

Jesus Christ Superstar—Come see a performance from the well known spectacular musical, Jesus Christ Superstar. Village Theatre. Call: 425-392-2202; www.villagetheatre.org.

Denise Donatelli—The Pacific Jazz Institute at Dimitriou's Jazz Alley presents Denise Donatelli with the Geoffrey Keezer Trio. **May 11-12.** 7:30pm, Jazz Alley. Call: 206-441-9729; www.jazzalley.com.

Thursday 12

Mary Poppins—See this beloved Broadway musical in Seattle as part of the Broadway Across America Series. **May 12-29.** Paramount Theatre. Call: 888-451-4042; www.stgpresents.org.

Friday 13

Break Dancers Reunion—West Seattle Youth Arts Charity "Unified Outreach" is sponsoring the 2011 "Seattle City Breaker's Reunion" and 30 year anniversary celebration. 6pm, WSCC Performance Hall. Call: 206-380-5713.

Seattle Balkan Dancers—The Seattle Balkan Dancers would like you to join them for an evening of Balkan line dancing with live music and instruction. 8:30pm, The Russian Center. Call: 425-883-0332; www.seattlebalkandancers.org.

Baroque & Wine Series—The Seattle Symphony Baroque & Wine series pairs programs featuring Baroque masterworks with pre-concert wine tasting events. **May 13-14.** 6:30pm, Benaroya

Hall. Call: 206-215-4747; www.seattlesymphony.org.

Sympatico—Carlisle Roveto, Jack Straw New Media Gallery. Mon-Fri., 9am-5pm. **May 13-July 8.** www.jackstraw.org

Saturday 14

St. Demetrios Greek Orthodox Church—Instructional workshops throughout the day followed by dance performances by the *St. Demetrios Dancers*, and dinner, plus a *Glendi* featuring *Dromeno*. 9am-3pm, Workshops; 5:30, Performance; 6:30-8, Dinner; 8pm, Glendi. Everyone is invited! Reservations required for all activities. More workshops Sunday, **May 15.** Please contact Steve at teodosiadis@comcast.net.

National Aviation Day—The museum launches its celebration of the U.S. Navy's 100th year of aviation with a full day of special activities sponsored by Honeywell. 9am-4:30pm, Museum of Flight. Call: 206-764-5720; www.museumofflight.org.

Nordic Dancers NW—Come for the 2nd Saturday Scandinavian Dance hosted by the Nordic Dancers NW. 2pm, Norway Hall. Call: 360-734-2516; www.nordicdancersnw.org.

BONACA—Music of Croatia and beyond! @ The Continental Restaurant & Pastry Shop. No cover, folks! Three acoustic (unamplified) sets starting at 8pm. Please call ahead to reserve seating - 206-632-4700; www.bonacaseattle.com

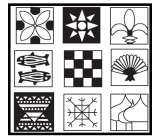
40th Anniversary Spring Gala Celebration—American Croatian Club of Anacortes. Dinner and Dancing. Special guest Croatian Consul General Ilija Zelalic. 6:30pm, ACCA. Call: 360-293-6774; mavarcolleen@gmail.com.

Grecian Sounds—Come for an evening of Greek music and belly dancing by Dinah Kinney. 8pm, Georgia's Greek Restaurant. Call: 206-783-1228; www.georgiasgreekrestaurant.com.

Sunday 15

Now & Then Tours: The University of Washington—In partnership with Seattle Architecture Foundation, MOHAI is pleased to present a series of guided walking tours that celebrate the 150th anniversary of the University of Washington. Relive the glory days of the Alaska-Yukon-Pacific Exposition (and more!) as you tour the John Charles Olmsted-designed campus. The tours run throughout the spring and summer. **May 15, 10am; May 25, 6pm.** Call: 206-324-1126; visit <http://seattlehistory.org/>

Continued on next page...



Annual Pasta Dinner—The Sno-King Community Chorale would like to invite you to their 6th Annual Pasta Dinner for a delicious 4-course meal, raffle baskets for sale, a delicious dessert auction, and of course, a singing performance. 4pm, South County Senior Center. Call: 425-673-1242.

Monday 16

Annual Rhododendron Festival—Come spend a day or two at this beautiful and colorful festival. Port Townsend. **May 15-21**. Call: 360-385-2722; www.rhodyfestival.org.

Tuesday 17

Ballard Norwegian Day Parade—Celebrate the day in 1813 when Norway's Constitution was signed. Call: 206-464-2508; www.17thofmay.org.

Wednesday 18

TALK about RUGS—*What Makes Turkish Rugs Special, Rug Maintenance and Your Trip Destination to Turkey* Turkish tea, coffee and delicacies will be served catering by *Made In Turkish Kitchen*. 5:39-7pm, Istanbul Imports, Fremont. Call: 206-284-9954.

Thursday 19

SIFF Opening Night Gala - The Festival begins with the annual Opening Night Gala and a screening of *The First Grader* (UK/Kenya, National Geographic Entertainment), directed by Justin Chadwick, which tells the remarkable story of an 84-year-old Kenyan villager determined to seize his last chance to get the education he could never afford. The screening is at Seattle Center's McCaw Hall, with the Opening Night Gala reception at Seattle Center's Exhibition Hall immediately following the screening. *Now in its 37th year, the Seattle International Film Festival is the largest and most highly-attended film festival in the United States, showcasing more than 400 films from over 60 countries to an audience of 150,000 attendees annually. In the fall of 2011, SIFF will open the SIFF Film Center at Seattle Center's Alki Room, fulfilling its longstanding vision of creating a permanent home where SIFF's successful film, education, and community outreach programs can thrive.* Call: 206-464-5830; Email: info@siff.net; visit: www.siff.net

Corella Ballet—Come see the performance of Corella Ballet Castilla y Leon as part of the UW World Series. **May 19-21**. 8pm, Meany Hall. Call: 206-543-4880; www.uworldseries.org.

Friday 20

Third Friday Dance—Join the Skandia Folkdance Society for their monthly

Third Friday Dance. Bey and Milt Anderson will teach a dance from Southern Sweden. 7:30pm, Cedar Valley Grange. Call: 206-784-7470; www.slandia-folkdance.org.

Ethnic Heritage Council—ETHNIC SPRINGFEST. Fun, Food, Friendship and Special Honors to **Tsering Chamatsang Yuthyok** for her many years of service to the international community of Seattle! 5:30pm, Social Hour (no host bar) ; 6:30pm, Sit-down Dinner; 7:30pm, Celebratory Program & Entertainment. House of Hong Restaurant. \$50, adults; \$25, 13 & under. **RSVP by May 13th**. Call: 206-443-1410; www.ethnicheritagecouncil.org

Bulgarian Dances—Learn Bulgarian Dances taught by Marty Koenig as a prelude to the Folklife Festival, which is having an emphasis on Bulgaria and its culture this year. Russian Center. Call: 425-883-0332; www.seattlebalkandancers.org.

43rd Annual VikingFest - Proudly held by the Communities of Poulsbo & Kitsap County to celebrate the spirit of our Scandinavian Founders. Come Join us for a great Family Event! Singing, Dancing, Food, Pancake breakfast - so much! Liberty Bay Waterfront Park, Anderson Parkway, & King Olav Parking Lot Downtown Poulsbo **May 20-22**. Email: info@vikingfest.org; www.vikingfest.org

Saturday 21

63rd Annual Kitsap Sun Armed Forces Day Parade—Bremerton has long had the distinction of coordinating the nation's largest and longest-running Armed Forces Day Parade on the third Saturday of May. The parade began in 1948 - two years before Armed Forces Day became a federally recognized holiday. People from all over the Puget Sound region come out every year to enjoy over 150 marching units, dozens of military entries and several marching bands. Stop by the Lions or the Masonic Lodge Pancake Breakfast before the parade. 5K Run/2M walk. 10am, Downtown Bremerton. <http://www.bremertonchamber.org/parade.php>

A Glimpse of China—Come to the Chinese Culture and Arts Festival and celebrate with food, entertainment, crafts and more. 11am, Seattle Center House.

Scandi Music Session—Bring a friend, a recording device & a snack to share

to Lutheran Memorial Church, Greenwood. Please enter from the rear where you will also find plentiful parking. 3-5pm, Learn to play Scandinavian music! Info: aikikid@oneworldaikido.com

Juliana & PAVA—Come and hear ancient songs collected from villages around Russia. Juliana and PAVA's new project "Russian Beauty in Songs: A Bridge from the Past" is a fusion of authentic songs and saxophone improvisations. This is a vocal, instrumental, and theatrical performance. 8pm, Kirkland Performing Arts Center. www.kpcenter.org; www.ethnorussia.com.

Balkanarama—Come for an evening of music from Albania, Macedonia and Greece and belly dancing by Lesley Ri-alto. 8pm, Georgia's Greek Restaurant. Call: 206-783-1228; www.georgiasgreekrestaurant.com.

Yuliyen Yordanov—Yordanov will teach Bulgarian dances followed by a dance party with Orkestar RTW. 7pm, The Russian Center. Call: 425-883-0322; www.seattlebalkandancers.org.

Sunday 22

Turkish/Middle Eastern Cooking Class—Demonstration of total of 7 dishes with Turkish tea and coffee. 1-3pm, Istanbul Imports, Fremont. Call: 206-284-9954; visit www.madeinturkishkitchen.com.

Mostly Nordic—Come hear different groups at the Mostly Nordic Chamber Music Series Finland. 5pm, Nordic Heritage Museum. Call: 206-789-5707.

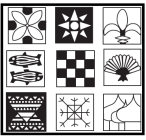
Tuesday 24

Dance This... Audition! 6-8:30pm, The Moore Theatre. 5:30pm, sign in. Register at lizy@stgprepresents.org or call 206-315-8009.

An Evening of Spoken Word—The Central District Forum for Arts and Ideas presents an evening of poetry and music that examine the complexity of social issues. 7pm, Town Hall Seattle. Call: 206-323-4032; www.cdforum.org.

Wednesday 25

WORLD SPICE MERCHANTS—(The spice Shop at Pike Place) is now offering a Cooking Class which will show you many uses of fresh spices. The class is called - *From the Land of Figs & Olives* - A Mediterranean Tasting and Cooking Class from **Sureyya Gokeri**, Turkish-born chef, instructor and travel consultant of Seattle's *Made in Turkish Kitchen* and *Istanbul Imports*. If you like to use fresh ground spices in your cooking, and would like to have a great time in a



spice store environment please visit <http://www.worldspice.com>. 6:30pm. Call: 206-682-7274.

Thursday 26

Bharatanatyam—Come for an evening of Bharatanatyam in Kalakshetra style hosted by From Within Nucleus and Vedic Cultural Center. 5:30pm, Vedic Cultural Center. Call: 425-654-0640; www.kalakshetra.net.

Friday 27

Seattle Balkan Dancers—Join the Seattle Balkan Dancers for a NW Folklife Festival warm up dance with Alexander Eppler and Izumi Fairbanks. 9pm, The Russian Center. Call: 425-883-0332; www.seattlebalkandancers.org.

NW Folklife Festival—Come relax, shop, eat, and be entertained with friends and family at the annual NW Folklife Festival. See performances by hundreds of groups over the 4 days, eat delicious food from the different booths and enjoy some time shopping at different vendors. **May 27-30**. Seattle Center. Call: 206-684-7300; www.nwfolklife.org

Saturday 28

Kitsap Harbor Festival - Join us by car, boat, ferry or any other way you can think of - just don't miss the fun! Foot-ferry service between Bremerton and Port Orchard will be available for those without boats! Events will take place on the waterfronts of both Bremerton and Port Orchard and will include Tall Ships, Vendor Booths, Farmers Markets, Classic Car Show, Seagull Calling Festival and Wings Cook-Off, Murder Mystery Weekend and Pirate's Ball, Sailing Regatta, Pancake Breakfasts, 5-mile Foot Race, Live Music, Beer Gardens, and a special visit by the Comanche 202, USCG. We also invite you attend a Memorial Service aboard the historic USS Turner Joy on Monday morning. **May 28-30**. Call: 360-876-5535, ext. 22; steves@portofbremerton.org; ca@bremertonmsa.org; <http://www.kitsapharborfestival.com/>

KEF—An evening of Macedonian and Balkan music by KEF and belly dancing by Dinah Kinney. 8pm, Georgia's Greek Restaurant. Call: 206-783-1228; www.georgiasgreekrestaurant.com.

Monday 30

85th Annual Memorial Day Service—Evergreen Washelli will host the **Annual Memorial Day Commemorative Service**. Please join in honoring honor America's fallen and salute the flags on our "Avenue of Colors". Keynote speaker to be announced. Performance by soloist Maria Kesovija, as well as the

Seattle Pacific University Symphonic Wind Ensemble and Drum Corps. The concert begins at 1:30pm and the ceremony will commence at 2pm. Following the Memorial Day Commemorative Service, you are invited to attend a guided tour of the Veterans Memorial Cemetery and learn about the remarkable lives of the Medal of Honor recipients in our care. \$5 suggested donation for attendance, which will go to the purchase of flags for the Avenue of Flags. For more information, and to reserve a spot, please call us at 206-362-5200; email: tours@washelli.com; www.washelli.com

~ MORE ~

Apply for the 2011 Grants for Artist Projects (GAP) - Deadline: May 10, 2011. Grants for Artist Projects (GAP) provide up to \$1,500 for artist-generated projects, which can include (but are not limited to) the development, completion or presentation of new work in all artistic disciplines. Workshops available. On line application only: <http://artisttrust.cuerate.org>; Call: 206-467-8734; info@artisttrust.org.

Multicultural Events at KCLS Programs for Children, Families and Adults. Early Literacy Parties in Spanish, ESL Talk Time, Citizenship Classes, ESL Classes, Family Law Resources, and Computer Classes and more in many languages: Spanish, Polish; Mandarin; Chinese, Japanese, French, Russian, Hindi, Korean and more! Visit: www.kcls.org.

Has your EHC membership expired?

Check your mailing label to see if your membership is expired:
Examples:
6/1/10 = expired June 2010
6/1/11 = continues to June 2011

Please renew & support the work of the Ethnic Heritage Council.

THANK YOU TO NEW MEMBERSHIPS AND RECENT RENEWALS!

Would you like to receive the EHC monthly newsletter quicker?

We will send the monthly newsletter and calendar of ethnic events as a pdf to you via email!

Let us know! Thanks! - EHC staff



EHC member organization **La Pena Flamenca de Seattle** will perform @ Northwest Folklife Festival, Friday, 5/27, 7:15pm, International Dance Stage, Exhibition Hall. See complete schedule for more EHC member organization performances!

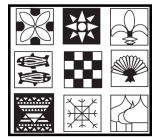
Photo by Jal Schrof © EHC

Folklife, Continued from page 1.

come to Seattle Center to take part in the weekend's activities, but the focus remains local—all performers hail from communities in the Northwest. The Folklife Festival is a truly Northwest experience, our diversity and our commonality told through music and dance.

Northwest Folklife has a long history of exploring a topic in depth at the annual Northwest Folklife Festival. For over a decade we have presented what we call the Cultural Focus, a "festival within a festival" that features one Pacific Northwest group's traditional arts through special performances, panels, workshops, exhibitions, demonstrations, and activities. **2011 Community Focus—Bulgaria Community Celebration!**

Visit: www.nwfolklife.org
Email: folklife@nwfolklife.org
Folklife wants YOU to volunteer!
Email: volunteers@nwfolklife.org
Call: 206-684-7300



~ WORLD Recipes ~

Finland - Sima - Finnish May Day Drink—24 servings

10 qt Water; fresh pure
2 Lemons
2 1/2 cups Brown sugar
2 1/2 cups White sugar
1/3 cups Dark corn syrup; optional
1/4 tsp. Dry yeast
Raisins

Shave yellow peel from lemons, cutting very thinly so as little of the white under layer as possible is attached. Set the yellow slices aside. Then peel the bitter white under layer off and discard it. Slice the lemons into very thin slices. Place slices in a container and cover so they don't dry out.

Boil water in a large kettle. Remove from heat and stir in the lemon peel, sugars, and syrup. When the sugars have dissolved, cover the kettle and let the contents cool to room temperature (25°C or 75°F). Then add the lemon slices and the yeast. Leave it to stand overnight. Place 4-5 raisins and a teaspoon of white sugar in the bottom of each of several clean bottles (wine or soda pop). Pour sima into bottles, straining it through a sieve to remove the lemon. Cap the bottle tightly.

The sima will be ready to drink when the raisins rise to the top of the bottles, about 3-7 days depending on the temperature of the room where they are stored. Serve it well chilled.

Great Britain - English Crumpets

4 oz. All-purpose flour
4 oz. Bread flour
2 tsp. Salt
1/4 oz. Fresh yeast
1 Tbls. Sugar
1/2 pint Warm water
1 Tbls. Vegetable oil
1/2 tsp. Bicarbonate of soda
1/4 pint Warm water

Sift the flours and salt into a warm bowl. Cream the yeast with the sugar. Add the warm water, then oil. Stir into the flour, and beat vigorously until smooth and elastic. Cover bowl, put in a warm place and leave it until the mixture rises and the surface is full of bubbles (about 1 1/2 hours). Break it down by beating with a wooden spoon. Cover and leave in a warm place to proof for another 30

minutes. To cook the crumpets, heat and grease the bakestone lightly. Grease 5 or 6 crumpet rings (3-3 1/2 inches) (or scone cutters) and put them on the bakestone to heat. Cook as many crumpets as possible at a time, as the batter will not stay bubbly for long. Put 1/2 inch deep of batter into each ring. Cook gently for 7-10 minutes, or until the surface sets and is full of tiny bubbles. Using an oven glove for protection, lift off the ring, and if the base of the crumpet is pale gold, flip it over and cook for another 3 minutes until the other side is just colored. If the crumpet batter is set but sticks slightly in the ring, push it out gently with the back of a wooden spoon. Wipe, grease and heat the rings for each batch of crumpets. If serving immediately, wrap the crumpets in a cloth and keep warm between batches. Butter generously and serve at once. If reheating, toast the crumpets under the grill, cooking the smooth surface first and then the top so that the butter will melt into the holes.

Holland - Pannekoecken - Dutch Pancakes

500 grams wheat flour
1 liter milk
4 medium eggs
1 tsp. salt
1 Tbls. oil
1 tsp. sugar

It can be hand mixed or put in a blender. For a blender, combine all ingredients and blend.

Hand method: Put flour in a bowl, make a little hole in the middle. Pour in some milk in the hole and start stirring. Gradually pour in all milk, making a smooth batter. Mix in the eggs, one by one, add salt, sugar and oil and mix again until the batter is smooth and not lumpy. The pancakes should be baked in a large wide frying pan (a french crepe pan is ok too) preferably in butter (or oil, if you don't like cholesterol). The butter should be very hot. Pour in some batter (about 2 or 3 tablespoons) and bake. Turn the pancake when the upper surface is dry and bake the reverse side for approx. The same amount of time.

You can use anything you like as a filling, use your imagination.

Classic fillings are bacon and syrup pancakes and apple pancakes:

Bacon pancakes: Fry the bacon first and then pour over the batter. Serve pancakes with Dutch syrup, which has a thicker consistency than traditional American syrup.

Apple pancakes: First bake some fine chunks of apple and pour over the batter. Great served with apple syrup.

Savory pizza type fillings are great and can be put on top of the pancake after it's baked.

Switzerland - Fruit Bread, Glarus Style - Glarner Fruchtbrot

1 Package yeast
3/4 cup Milk
3/4 cup Water
4 Tbls. Butter
3 cups Flour
1 tsp. Salt

Filling:

12 oz. Dried pears
6 oz Dried prunes, pitted
2/3 cup Raisins
3/4 cup Walnuts, coarsely chopped
1 Tbls. Kirsch
2 1/2 Tbls. Sugar
1 pinch Ground cloves
1 pinch Nutmeg
1 Egg yolk

Soak pears and prunes overnight in cold water.

Dissolve yeast in lukewarm milk: add melted butter. Sift flour with salt. Add milk to flour. Knead until smooth, allow to rise in covered bowl in a warm place, about 1 hour. Cook in the fruit soaking water about 20 minutes, drain off water and put fruit through a meat grinder. Add coarsely chopped nuts to the fruit mixture. Soak raisins in kirsch: add to the mixture, along with sugar and spices. Knead mixture into one-third of the dough, and shape into two narrow loaves. Roll out remaining dough, cut into two rectangles, and wrap around the fruit loaves. Fold the ends under and place on metal baking sheet with the seam on the bottom. Prick several times with a fork. Allow to rise in a warm place for one hour. Brush with egg yolk and bake in a preheated 340F oven for about one hour.





JOIN US!

Become a member of the Ethnic Heritage Council. Join us in our 31st year of celebrating community. Your annual membership helps support the events, programs and services of the Council. Any additional contribution you give is greatly appreciated. Thank you for your support!

_____			_____	
Name			Organization	
_____			_____	
Address			Area Code	Phone Number
_____			_____	
City	State	Zip	E-mail Address	

EHC Members receive: Subscription to EHC Newsletter; Advance notice of up-coming events; Event consultation. *Organizations may register two addresses.*

Heritage Circle Members receive: Same benefits as EHC Members. Plus: Free advertising - newsletter/website; Event/meeting location, as available at Seattle Center.

- | | |
|--|---|
| <input type="checkbox"/> \$35 Individual/Student | Payment Method: |
| <input type="checkbox"/> \$55 Organization | <input type="checkbox"/> Check (payable to EHC) |
| <input type="checkbox"/> \$150 Patron | <input type="checkbox"/> Visa |
| <input type="checkbox"/> \$500 Heritage Circle | <input type="checkbox"/> Mastercard |

- | | |
|--|--------------|
| <input type="checkbox"/> I wish to make a contribution of \$ _____ | _____ |
| <input type="checkbox"/> Please contact me about volunteer work | Acct # _____ |

TOTAL ENCLOSED \$ _____ Exp. Date _____

Signature _____

The Ethnic Heritage Council is a non-profit, 501(c)(3) organization, registered in the state of Washington. Donations are tax deductible to the extent permitted by law. Your employer may offer a matching funds program to maximize your donation. Please check with your Human Resources Department. **Thank You**



Bank of America

The Canonicus Fund



The Boeing Company



WHO WE ARE...

2011-2012

Officers and Executive Board

Jagdish Sharma, *President*

Mary Hsu, *Vice President*

Mark Vohr, *Secretary*

Jim Williams, *Treasurer*

2011-2012 Board of Directors

- | | |
|------------------|----------------------------|
| Nilki Benitez | Jagdish Sharma |
| Mary L. Hsu | Nanci Spieker |
| Sam Kaplan | Mitsu Sundvall |
| Janet McCully | Mark Vohr |
| Hezekiah Orji | Jim Williams |
| Son Michael Pham | <i>Emeritus Directors:</i> |
| Natasha Savage | Burton Bard, JoAnne |
| Natacha Sesko | Lee, Sue McNab |

Staff

- Alma Plancich, *Executive Director*
 Maria Kesovija, *Assistant Director, Newsletter Editor*
 Sally Rutledge, *Projects Support, Newsletter/Calendar Assistant*
 Jessica Segur, *Calendar Assistant*
 Dan'a Platts, *Student Intern*

The Ethnic Heritage Council is dedicated to preserving the unique mix of cultural traditions that enrich our Northwest communities. Annually, the Council produces several ethnic festivals, and a public naturalization ceremony on July 4th. EHC publishes CONTACT: A Directory of Ethnic and Cultural Resources in Washington State, and operates a referral service for the community. The Newsletter is a publication of the Ethnic Heritage Council of the Pacific Northwest. Submission deadline for the June 2011 edition is May 20th. Please send submission materials, to the EHC office via mail, fax: 206-443-1408; or email text items as attached word document: ehc@seattle.gov. Contact EHC with any questions at: 206-443-1410. Visit our website at: www.ethnicheritagecouncil.org.

Leavenworth International Accordion Celebration



16 - 19 June 2011



Performances By:



Jelena Milojevic
Victoria, BC



Mario Pedone
Sugarland, TX



Steve Albini
Novato, CA

- Accordion Competitions,
- Workshops and Concerts
- Free performances at the Gazebo and Grange
- Accordion Vendors
- Jam Sessions in restaurants
- Playing opportunities for all
- Volunteer opportunities - be part of the action
- FUN - FUN- FUN for all!



Vincenzo
Abbracciante
Italy



Spokane Accordion
Ensemble

PLUS -

The Great Old Time Palooza

Accordion Bands - Button Box Accordions
Your Favorite Professional Accordionists
and MUCH MORE!

**ON THE
WEB AT - www.accordioncelebration.org**

For info call: 206-622-4786

From the alps all the way to classical and jazz

For all those who Love the Accordion!



Brought to you by the
Northwest Accordion Society
www.nwasnews.com

Ethnic Heritage Council
of the Pacific Northwest

Invites You to Join Us at

ETHNIC SPRINGFEST

FRIDAY, MAY 20, 2011

An Evening of Friendship & Celebration

Special Honors to

Tsering Chamatsang Yuthok

5:30 pm - Social Hour

6:30 pm - Dinner Served

7:30 pm - Celebratory Program & Entertainment
Bill Stafford, Master of Ceremonies

House of Hong Restaurant
409 - 8th Avenue South, Seattle, 98104

\$50 - adults

\$25 - youth 13 & under

No host bar
Sit-Down Dinner

RSVP by May 13th to:
206-443-1410 or ehc@seattle.gov

Send payment to:

EHC, 305 Harrison St. #304, Seattle, WA 98109

For more information visit: www.ethnicheritagecouncil.org

Join us in honoring
Tsering Yuthok for
her many years of
service to the
international
community of Seattle!

Tsering Yuthok
Definition:
"International
Programs Coordinator,
City of Seattle (retired);
Past EHC Officer &
Board Member; 1996
Spirit of Liberty Award
Recipient; Performer;
Caregiver; Friend ...
and
Beautiful Person!"

RESERVATION FORM

Ethnic Heritage Council
of the Pacific Northwest

Invites You to Join Us at

ETHNIC SPRINGFEST

Friday, May 20, 2011

An Evening of Friendship & Celebration
At House of Hong Restaurant, Seattle

Reservation Deadline: Friday, May 13, 2011

Mail form with payment to:
EHC, 305 Harrison St. #304, Seattle, WA 98109
206-443-1410; ehc@seattle.gov; www.ethnicheritagecouncil.org

Name _____	_____ Reservation(s)@ \$50	= _____
Organization _____	_____ Reservation(s)@ \$25*	= _____
	<i>* Youth 13 & under</i>	
Address _____	Donation	= _____
City _____ State _____ Zip _____	TOTAL	= _____
Phone _____	<input type="checkbox"/> Check enclosed (payable to EHC)	
Email _____	<input type="checkbox"/> Visa <input type="checkbox"/> Mastercard	
	Card # _____	
	Exp. Date _____	

	<i>Cardholder signature</i>	

RESERVE YOUR TABLE FOR 10!

For Group Reservations (included in this reservation) please list names below:

Total number in Group: _____

Please include your name as listing number 1)

- | | |
|-----------------------------|-----------|
| 1) <i>(your name)</i> _____ | 6) _____ |
| 2) _____ | 7) _____ |
| 3) _____ | 8) _____ |
| 4) _____ | 9) _____ |
| 5) _____ | 10) _____ |