

# Ethnic Heritage Council

SEPTEMBER 2011

## The Arab Festival - October 8 & 9

- By Mish Mish

The influence of Arab civilization on the world is everywhere. Arabs were sipping coffee long before Starbucks opened their doors. The best cotton is still made in Egypt. The practice of using herbs and flowers to make perfume can be traced back to Pharaonic times. The oud, kanoon and rebaba were the original string instruments that inspired the guitar, zither and violin. The concepts for mathematics and astronomy developed in 8th century Baghdad.

If you want to know more about Arabic people, their history and their contribution to modern society, stop by the 7th Biennial Arab Festival at the Seattle Center the weekend of October 8th and 9th. The theme for the Festival this year is "Al Noor: Illuminating the Faces of Arab Culture," and the focus is on dispelling stereotypes by getting to know Arab Americans in the

community.

The Mahrajan stage, located in Fisher Pavilion, features entertainment throughout the weekend, from folkloric dances and a traditional wedding procession to hip hop by the Sons of Hagar and music by the MB Orchestra, whose members span three generations.

Special guest artists this year will be the Arabesque Trio from Chicago, who play both classical and traditional Arab music, along with Remi Kanazi, a young Palestinian poet/writer from New York, who will be signing copies of his new book.

Vendors selling colorful merchandise will create a "souk" atmosphere and booths serving your favorite Mediterranean food will tempt your palate. Family-oriented activities will be available to encourage children to par-

*Continued on page 2, Arab Festival*



See Rising Star **Rosella Rago**  
Celebrity Chef during  
24th Annual Italian Festival 2011  
September 24-25, 2011 @  
Seattle Center. [www.festaseattle.com](http://www.festaseattle.com)

## Pearrygin Lake State Park Hosts the Celebrating Cultures Festival

The Washington State Parks and Recreation Commission Folk Arts in the Parks Program invites the public to the Celebrating Cultures festival at Pearrygin Lake State Park, near Winthrop.

The celebration runs from 12:30 to 4 p.m. September 18, on the lakeshore of Pearrygin Lake in Pearrygin Lake State Park, 561 Bear Creek Road, Winthrop. The event features musicians from Washington state, kids' hands-on art activities booth by Methow Arts Alliance and art demonstrations by Eva Castellanoz. Visitors enter the event through the east campground of Pearrygin Lake State Park. All are welcome to the free event. The Discover Pass is not required for those attending the celebration.

The schedule of performances includes:

12:30 p.m. - Assorted entertainment from local performers around the Winthrop area ; 1 p.m. - Los Bailadores del Sol, folklórico dancers from Yakima Valley; 2 p.m. - Hường Việt Performing Arts Group, Vietnamese music and dance group from the Everett area; 3 p.m. - A Moment in Time, African-American a cappella gospel music from Seattle; 4 p.m. - Filipiniana with Roger Del Rosario, Filipino music and dance of the Seattle area. Eva Castellanoz, nationally recognized Smithsonian folk artist, will demonstrate the art of wax and paper flower making throughout the festival. Castellanoz is a recipient of the National Endowment for the Arts' prestigious National Heritage Fellowship, which recog-

*Continued on page 5, State Park*

**Cultural Crossroads**  
November 4, 5, 6, 2011  
Crossroads Bellevue

**Booth & Performer**  
*Contact EHC to Request  
Space Available*

**206-443-1410**  
[www.ethnicheritagecouncil.org](http://www.ethnicheritagecouncil.org)

### INSIDE THIS ISSUE:

<b>The Arab Festival</b>	1
<b>Pearrygin State Park Festival</b>	
<b>Continued Article</b>	2
<b>Calendar of Ethnic Events</b>	3-5
<b>Event Posters</b>	
<b>WORLD Recipes</b>	6
<b>Join Us!</b>	7
<b>Meet the EHC Board &amp; Staff</b>	
<b>Winter Worldfest News</b>	8

### INSERTS:

*9/11 A Day of Reflection*



*Arab Festival, Continued from page 1.*

ticipate.

A new addition to the festival this year will be the Arab Suite, located in Pavilion B next to the skateboard park, where all the countries in the Arab world will be represented, symbolizing their unity, and where people are invited to meet someone from the Arab community one-on-one to ask questions or discuss current events over coffee.

The Freedom Stage, a part of the Arab Suite, will feature lectures, panel discussions and workshops on music and poetry writing as well as a demonstration of women's traditional headdresses. A panel called "Arab Spring" will focus on the recent wave of uprisings sweeping the Arab world which is inspiring a cultural revolution across the region. Other topics include "Why Culture Matters," interviews with local artists, and a presentation about Arabic language and dialects.

Educational booths offer books, films and CDs for sale, plus information about Arab organizations.

This year the festival will pay tribute to Omar Batiste, musician, performer and teacher, who started the first dabke group in Washington state. Over the years, he introduced literally thousands of people to the popular traditional line dance. In February, Omar received a memorial award posthumously from the Ethnic Heritage Council for his contribution to the development and presentation of traditional arts in the community.

Another longstanding and well-known member of the Arab community, Afifi Durr, received a similar award in 2002. She will be at the festival telling stories based on popular Arab fables. Rita Zawaideh, also a major force behind the Arab Center and the owner of the award-winning travel agency Caravan-Serai, will talk about travel to Arab countries.

The Arab Festival is produced by the Arab Center of Washington, a non-profit organization which was founded in 1992, following the Persian Gulf War, by members of the Arab American community in Seattle. The goal was to showcase the rich cultural heritage of their homeland,

so they came up with the idea of an Arab Festival, which was held at Seattle philanthropist Kay Bullitt's home that same year.

Since then, the Arab Center of Washington has sponsored the first Arab Film Festival in the U.S., concerts at Town Hall featuring internationally renowned singers and musicians, as well as literary events at bookstores and libraries introducing Arabic poets and writers to the general public. In 2006 the Northwest Folklife Festival showcased the music, dance and history of the Arab community.

Today the Arab Festival attracts thousands of people every year who come from Washington, Oregon, Idaho and Canada.

Evidence of a thriving Arab community in Seattle can be found in the many little hole-in-the-wall "falafel" restaurants on University Way, including Cedars of Lebanon, the first one to open in Seattle. The B & O Espresso, another favorite, has been around for over 30 years. For more upscale cuisine you can try the Mediterranean Kitchen. Seattle now boasts two Moroccan restaurants, the Marrakesh and the Kasbah.

Instead of going to Egypt you can stop by Pyramid Imports where you can buy a doumbek, Pharaonic artwork on papyrus or a complete belly-dance costume. Hayek Leather Furniture is another example of a successful local business owned by an Arab American.

Arab immigrants started coming to the Pacific Northwest in the 1960s to find jobs and attend school. After the Gulf War and the civil war in Lebanon, many Lebanese, Palestinian and Iraqi families settled in the Seattle, Everett and Edmonds area. Arab im-



migrants also came from the Levant, North Africa and the Persian Gulf States.

To be Arab means to be from the Arab-speaking world, where people share common traditions, customs and values based on hospitality, devotion to family, and pride in their culture.

People of Arab descent in the U.S. can be Christian, Muslim, Jewish or Druze. There are several mosques in the Puget Sound area and two Coptic churches.

Anyone can become a member of the Arab Center of Washington, which prints a quarterly newsletter, sponsors cultural events and hosts social gatherings. For information visit [www.arabcenter.net](http://www.arabcenter.net) or email [info@arabcenterwa.org](mailto:info@arabcenterwa.org).





READ THIS NEWSLETTER  
ON LINE! VISIT:  
[www.ethnicheritagecouncil.org](http://www.ethnicheritagecouncil.org)  
~ SEPTEMBER 2011 ~

#### September 1

**A Night in Treme**—The Pacific Jazz Institute at Dimitriou's Jazz Alley presents "A Night in Treme" featuring re-birth Brass band, Donald Harrison Jr, Glen David Andrews and James. **September 1-4**. 7:30pm, Jazz Alley. Call: 206-441-9729; [www.jazzalley.com](http://www.jazzalley.com).

#### September 2

**Seattle Balkan Dancers**—The Seattle Balkan Dancers invite you to join them for their weekly social dance with music and Balkan line dancing. 7:30pm, The Russian Center. Call: 425-883-0332; [www.seattlebalkandancers.org](http://www.seattlebalkandancers.org).

**First Friday Dance**—Join the Skandia Folkdance Society for their monthly First Friday Dance. Jerry Walsh and Judy Patterson will teach Bingsjo footwork. 7:30pm, Cedar Valley Grange. Call: 206-784-7470; [www.skandiafolkdance.org](http://www.skandiafolkdance.org).

#### September 3

**Balkan Night**—Enjoy an evening out and hear the latest nightclub/pop charts music from the Balkans, and possibly your traditional favorites remixed as techno. 10pm, Sarajevo Lounge. [www.sarajevolounge.com](http://www.sarajevolounge.com).

**Weekend Family Workshops**—Spirit and opportunity are two of the most famous and successful robotic rovers in the history of the US Space Program. Learn about their missions to Mars and design your own Martian explorer—sponsored by Bank of America. **September 3-4**. Museum of Flight. Call: 206-764-5720; [www.museumofflight.org](http://www.museumofflight.org).

**Arts Gumbo 2011 - Explore Korea**—Explore Korea will featuring several local Korean dance troupes as well as Korean food and rice cake demonstrations and a buffet of prepared foods. Children can learn the art of paperfolding at a workshop. 5pm, Rainier Valley Cultural Center. [www.seedsseattle.org](http://www.seedsseattle.org).

**Bumbershoot 2011**—Come for one of Seattle's biggest music and arts festivals! Celebrating its 41<sup>st</sup> year, Bumbershoot has drawn artists representing the best in film, music, comedy, spoken word, dance, theatre, performance and visual arts. **September 3-5**. [www.bumbershoot.org](http://www.bumbershoot.org).

#### September 4

**Peace Art Series**—Come see a performance by the Cambodian Classical and

Folk Dance group as part of the Peace Arch International Concert Series. Peace Arch. Call: 260-332-8221.

**Bob Alek Band**—Hear a performance by the Bob Alek Band and enjoy an evening out at the Casino. 2pm, Muckle-shoot Casino. [www.muckleshootcasino.com](http://www.muckleshootcasino.com).

**Coal Miners Celebration**—A cultural and ethnic celebration and a sharing of our areas rich history with families, friends and visitors. An event that will help to keep alive the colorful heritage of the hardworking people who answered the call to come to the Roslyn-Ronald-Cle Elum area to mine for coal. 5:30-9pm. Entertainment by Braven Bendzak; Ruze Dalmatinke performs music of Croatia. StoneHouse 101 Second Street, Roslyn. **September 4**, Sunday, more festivities beginning at 10:30am. [www.velaluka.org](http://www.velaluka.org).

#### September 6

**Frank Vignola Trio**—The Pacific Jazz Institute at Dimitriou's Jazz Alley presents the acoustic guitar Virtuoso Frank Vignola Trio. **September 6-7**. 7:30pm, Jazz Alley. Call: 206-441-9729; [www.jazzalley.com](http://www.jazzalley.com).

**Fleet Foxes**—7:30pm, The Paramount. Info: 467-5510 or [www.theparamount.com](http://www.theparamount.com)

#### September 9

**Seattle Balkan Dancers**—The Seattle Balkan Dancers invite you to join them for their weekly social dance with music and Balkan line dancing. 7:30pm, The Russian Center. Call: 425-883-0332; [www.seattlebalkandancers.org](http://www.seattlebalkandancers.org).

**NW Seaport Chante Sing**— 8-10pm, FREE, Immanuel Lutheran Church. Info: 447-9800; [nwseaport.org](http://nwseaport.org)

#### September 10

**Cambodian Cultural Celebration**—This event is packed with music, arts, crafts and dances celebrating Cambodian Culture. Millersylvania State Park. Call: 360-753-1519.

**Italian Mass**—Come to a Traditional Mass in Italian with a reception following the service. 5pm, Mt. Virgin Church. Call: 206-282-0627; [www.festaseattle.com](http://www.festaseattle.com).

**Weekend Family Workshops**—Spirit and opportunity are two of the most famous and successful robotic rovers in the history of the US Space Program. Learn about their missions to Mars and design your own Martian explorer at the weekend family workshop sponsored by Bank of America. **September 10-11**. Museum of Flight. Call: 206-764-

5720; [www.museumofflight.org](http://www.museumofflight.org).

**Aki Matsuri**—Come for Aki Matsuri – the Japanese Fall Festival and celebrate Japanese culture. **September 10-11**. 10am-6pm, Bellevue College Campus. [www.enma.org](http://www.enma.org).

**Kelso Highland Games**—Enjoy a day full of fun Celtic traditions and activities at the Kelso Highland Games. **September 10-11**. 10am, Tam O'Shanter Park. [www.highlander.kelso.gov](http://www.highlander.kelso.gov).

#### September 11

**Live Aloha Hawaiian Festival**—Come for the 4<sup>th</sup> annual Live Aloha Hawaiian Festival and enjoy Hawaiian crafts, food, goods workshops, performances and more. 11am-7pm, Seattle Center. [www.seattlecenter.com](http://www.seattlecenter.com).

**Day of Reflection**—Come for a time of reflection and remembrance for those who were lost 10 years ago in the 9/11 tragedies in New York. 5-10am, International Fountain at Seattle Center. Call: 206-684-7200; [www.seattlecenter.com](http://www.seattlecenter.com).

**Swedish Pancake Breakfast**—8am-1:30pm. Swedish Cultural Center. 206-283-1090.

#### September 12

**Rosemaling Class**—9:30am-3:30pm. Bothell Sons of Norway. September 12, 19, 26. Registration: 425-385-2144

#### September 13

**NW Dance Class Party**—7-10pm, FREE to new dancers. Swedish Cultural Center, Seattle. Call: 206-781-1238; [info@nwdance.net](mailto:info@nwdance.net).

#### September 14

**Deva Preman**—Come for an evening with Deva Premal and Miten with Manose. Call: 877-784-4849; [www.stgpresents.org](http://www.stgpresents.org).

#### September 15

**Ball Blanc**—Wear something white and come dance the waltz, foxtrot and polka at the Ball Blanc. 6pm, SAM Olympic Sculpture Park. Call: 206-264-5646; [www.seattle.gov](http://www.seattle.gov).

**Bandford Marsalis**—The Pacific Jazz Institute at Dimitriou's Jazz Alley presents Branford Marsalis for 4 nights only. **September 15-18**. 7:30pm, Jazz Alley. Call: 206-441-9729; [www.jazzalley.com](http://www.jazzalley.com).

#### September 16

**Lake Chelan Music Festival**—Join family and friends for free live folk, jazz and Celtic music at the lake Chelan Music Festival! **September 16-17**. Lake Chelan State Park. Call: 509-687-3710.

Continued on next page...



**Third Friday Dance**—Join the Skandia Folkdance Society for their monthly Third Friday Dance and Family Dance with food, crafts, music, dancing and fun. 6pm, Cedar Valley Grange. Call: 207-784-7470; [www.skandia-folkdance.org](http://www.skandia-folkdance.org).

**Seattle Balkan Dancers**—The Seattle Balkan Dancers invite you to join them for their weekly social dance with music and Balkan line dancing. 7:30pm, The Russian Center. Call: 425-883-0332; [www.seattlebalkandancers.org](http://www.seattlebalkandancers.org).

**September 17**

**Fiestas Patrias**—For two days, families enjoy the culture, art, music, dance, and delicious Latin and Mexican American food. **September 17-18**. Center House. Call: 206-684-7200; [www.seattlecenter.com](http://www.seattlecenter.com); [seattlefiestas-patrias.com](http://seattlefiestas-patrias.com).

**Eastern European Night**—Enjoy an evening out and hear the latest nightclub/pop charts music from the Balkans, and possibly your traditional favorites remixed as techno 9:30pm, Sarajevo Lounge. [www.sarajevolounge.com](http://www.sarajevolounge.com).

**Opening Night Concert and Gala**. Ludovic Morlot takes the stage for the first time as Music Director with this program that nods to his French roots, and features a Seattle favorite: cellist Joshua Roman. 7pm, Benaroya Hall. Call: 206-215-4868; [www.seattlesymphony.org](http://www.seattlesymphony.org).

**Weekend Family Workshops**—Comets and asteroids are some of the oldest objects in our solar system. Learn about these unique objects and then make your own comet model at the weekend family workshop sponsored by Bank of America. **September 17-18**. Museum of Flight. Call: 206-764-5720; [www.museumofflight.org](http://www.museumofflight.org).

**Krumkaka Class**—9am-noon. 206-254-1772. Bothell Sons of Norway.

**The Fidgety Feet Jazz Band**—9-11am, Issaquah Farmers Market, Pickering Barn. FREE. [issaquahfarmersmarket.org](http://issaquahfarmersmarket.org)

**September 18**

**International Cultural Festival**—Enjoy this program Celebrating Cultures of the WA State Parks and Recreation Commission Folk & Traditional Arts in the Parks Program. Pearrygin Lake. FREE! Call: 509-996-2370; [www.parks.wa.gov/events](http://www.parks.wa.gov/events)

**Day of Music**—Bring the family, bring your friends, and bring on the music. Spend the afternoon downtown when Seattle Symphony opens the doors to present dozens of local musical per-

formers. 12-6pm, Benaroya Hall. [www.seattlesymphony.org](http://www.seattlesymphony.org).

**Bug Blast**—Bring your kids to the Secret Life of Bugs puppet show by Spyglass Theatre. Burke Museum. Call: 206-543-5590; [www.burkemuseum.org](http://www.burkemuseum.org).

**September 19**

**Transylvanian Night**—Please join us for a fun evening of celebrating Transylvanian culture. This event is in English! Program to include: Short history of Transylvania; Introduction of the Children's Choir and Orchestra of Szentgyhazasfalu\*; Poems and songs from Transylvania (in Hungarian); Folk dance; Travel report with slide show presented by Marta Horvath; Exhibit from Transylvania (folk costumes, pottery, embroidery, etc.); Authentic 3-course Transylvanian dinner. \*A portion of the proceeds will be donated to the Children's Choir and Orchestra of Szentgyhazasfalu, Transylvania! 6:30pm, Luther Memorial Lutheran Church. \$20 for HAAW members; \$25 for non-members; \$5 for kids 14 yrs and under. Reservations due September 12. Call: 425-223-9630; 206-365-8861.

**September 20**

**Festa Italiana Luncheon**—Join Festa Italiana at their delicious luncheon. 11:30am, Fairmont Olympic Hotel. Call: 206-282-0627; [www.festaseattle.com](http://www.festaseattle.com).

**Pat Metheny and Larry Granadier**—The Pacific Jazz Institute at Dimitriou's Jazz Alley presents Pat Metheny and Larry Granadier for two nights. **September 20-21**. 7:30pm, Jazz Alley. Call: 206-441-9729; [www.jazzalley.com](http://www.jazzalley.com).

**September 22**

**Dr. John and the Lower 911**—The Pacific Jazz Institute at Dimitriou's Jazz Alley presents Dr. John and the Lower 911. **September 22-25**. 7:30pm, Jazz Alley. Call: 206-441-9729; [www.jazzalley.com](http://www.jazzalley.com).

**September 23**

**Duran Duran**—Don't miss your chance to see Duran Duran live and in person! They come to Everett for a performance with special guest Neon Trees. 8pm, Comcast Arena. [www.duranduran.com](http://www.duranduran.com).

**Taste of Italy Wine Tasting**—Enjoy great with and antipasti along with live music at the Taste of Italy Wine Tasting event. 7pm, Seattle Center. Call: 206-282-0627; [www.festaseattle.com](http://www.festaseattle.com).

**Seattle Balkan Dancers**—The Seattle Balkan Dancers invite you to join them for their weekly social dance with music and Balkan line dancing. 7:30pm,

The Russian Center. Call: 425-883-0332; [www.seattlebalkandancers.org](http://www.seattlebalkandancers.org).

**Fremont Oktoberfest**—Partake in Seattle's fall tradition and grab a beer or two at the Fremont Oktoberfest. **September 23-25**. Fremontoktoberfest.com.

**Port Townsend Film Festival**—Come for the 12<sup>th</sup> Annual Port Townsend Film Festival - where the goal is to connect great film, filmmakers, and communities. **September 23-25**. Port Townsend. Call: 360-379-1333; [www.ptfilmfest.com](http://www.ptfilmfest.com).

**Christopher Wheeldon**: Carousel (A Dance); After the Rain pas de deux, Polyphonia, Variations Serieuses. Pac. NW Ballet. **September 23–October 2**. 206-441-2424 or [www.pnb.org](http://www.pnb.org)

**September 24**

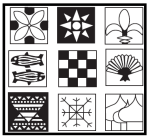
**The Legacy of Roberto Felipe Maestas**—Celebrate Roberto Felipe Maestas at this fun evening featuring a reception, silent auction, awards banquet and live auction. 7pm, El Centro de la Raza. Call: 206-957-4659; [www.elcontrodelaraza.org](http://www.elcontrodelaraza.org).

**Seattle Aids Walk**—Come walk, run or watch the 25<sup>th</sup> Anniversary Seattle Aids Walk and 5k Run - a fundraising event in support of those living with HIV and AIDS in our community. 9am-1pm, Volunteer Park. [www.seattleaidswalk.org](http://www.seattleaidswalk.org).

**Weekend Family Workshops**—Comets and asteroids are some of the oldest objects in our solar system. Learn about these unique objects and then make your own comet model at the weekend family workshop sponsored by Bank of America. **September 24-25**. Museum of Flight. Call: 206-764-5720; [www.museumofflight.org](http://www.museumofflight.org).

**Geitungen in concert**—This Norwegian trio features 3 award-winning musicians (Vidar Skrede, Christer Rossebo & Harvard Ims) on fiddle, hardingfele, melodeon, mandolin, mandola & guitars. Phinney Neighborhood Center. Info: [www.seafolklore.org/folksche.html](http://www.seafolklore.org/folksche.html)

**The Italian Festival**—Stomp grapes, toss a pizza, learn to cook Italian food and compete in a bocce tournament. The Festival celebrates the joy of "all things Italian" - from opera and popular music to pasta and wine. Celebrity chefs, Italian marionettes, folkloric dances and Neapolitan love songs honor the "old country" and recognize the remarkable contemporary contributions of this vibrant and artful culture. Presented by Festa Italiana. **September 24-25**. Call: 206-282-0627; [www.festaseattle.com](http://www.festaseattle.com); 206-684-7200.



**September 25**

**Carnaval**—The Burke Museum is opening their newest exhibit, Carnaval! The exhibit explores the history, traditions, arts, and meaning of Carnival celebrations around the world. Burke Museum. Call: 206-616-7538; [www.burkemuseum.org](http://www.burkemuseum.org).

**Esma Redzepova and Ansambl Teodosievski**—Come hear music by Esma - the Queen of the Gypsies, the Aretha Franklin of Romani music, and a legendary voice. 7-9pm, The Crocodile. [www.thecrocodile.com](http://www.thecrocodile.com).

**Meeting and Potluck**—Come for the annual general meeting and potluck hosted by the Puget Sound Welsh Association. 4pm, The Upshall's. Call: 425-488-7288.

**Hungarian Worship**—Come for a Hungarian Worship Service. 2:15pm, Magnolia Presbyterian Church. Call: 206-340-0706.

**Music Workshop**—Norwegian trio Geitungen presents a music workshop. 1-3pm, Call: 608-354-3257; [emma.l.w.anderson@gmail.com](mailto:emma.l.w.anderson@gmail.com)

**September 28**

**Bright Eyes**—See a performance by Bright Eyes featuring several special guests. Paramount Theatre. Call: 877-784-4849; [www.stgpresents.org](http://www.stgpresents.org).

**Skavabolen Pojat**—See a showing of the film Skavabolen Pojat (Last Cowboy Standing) as part of the Film from Finland Series. 7:30pm, Swedish Cultural Center. Call: 206-283-1090.

**September 29**

**Keith Urban**—Keith Urban is back in town with special guest Jake Owen! Come see him in support of his new "Get Closer World Tour". Key Arena. [www.seattlecenter.com](http://www.seattlecenter.com).

**Hawaiian Legends**—8pm, The Triple Door. September 29-30. Call: 206-838-4333; [thetripledoor.net](http://thetripledoor.net)

**September 30**

**Skavabolen Pojat**—See a showing of the film Skavabolen Pojat (Last Cowboy Standing) as part of the Film from Finland Series. 2pm, Swedish Cultural Center. Call: 206-283-1090.

**Seattle Balkan Dancers**—The Seattle Balkan Dancers invite you to join them for their weekly social dance with music and Balkan line dancing. 7:30pm, The Russian Center. Call: 425-883-0332; [www.seattlebalkandancers.org](http://www.seattlebalkandancers.org).

**Michael Franks**—The Pacific Jazz Institute at Dimitriou's Jazz Alley presents Michel Franks. **September 30 - October 2**. 7:30pm, Jazz Alley. Call: 206-441-9729; [www.jazzalley.com](http://www.jazzalley.com).

**Fifth Friday Dance**—When there is a fifth week in the month, you get an extra chance to dance with the Skandia Folkdance Society. This evening's dance instruction is by Don Meyers and Kathi Ploeger. 7:30pm, Cedar Valley Grange. Call: 206-784-7470; [www.skandia-folkdance.org](http://www.skandia-folkdance.org).

~ MORE ~

**Multicultural Events at KCLS Programs for Children, Families and Adults.** Early Literacy Parties in Spanish, ESL Talk Time, Citizenship Classes, ESL Classes, Family Law Resources, and Computer Classes and more in many languages: Spanish, Polish; Mandarin; Chinese, Japanese, French, Russian, Hindi, Korean and more! Visit: [www.kcls.org](http://www.kcls.org).

Washington State Park and Recreation Commission Park & Recreational Arts in the Parks Program presents

# 2011 Cambodian Cultural Celebration

ពិធីបង្ហាញអំពីសិល្បៈ-វប្បធម៌ខ្មែរ

## Saturday, Sept. 10

### 11 a.m. to 4 p.m.

Millersylvania State Park - Environmental Learning Center:  
12245 Tilley Road South, Olympia 98512

**FREE! Discover Pass not required to attend this special event**

- Cambodian Classical & Folk Dance of Tacoma and Cambodian Heritage Society of Seattle - performing classical & folk dances
- Angkor Government of Tacoma - Cambodian traditional food
- Wat Phnom Khingay Buddhist Association Chh'Yam - Cambodian traditional drumming
- Learning The Rhythms of Tacoma - traditional Cambodian instrumental music
- Watershoppa Distroy of Olympia - Live Cambodian music
- Assorted displays of Cambodia history, artifacts and costumes

For more information, please visit [www.parks.wa.gov/events](http://www.parks.wa.gov/events)

This event is accessible to persons with disabilities. If special access needs are required in order to attend the event, please call (206) 725-5111, (206) 962-8222 or Washington Telecommunications Relay Service at (800) 833-8346. Requests must be made in advance.

# Transylvanian Evening

## with Entertainment and Dinner

to benefit the Children's Choir and Orchestra of Szentgyhazasfalu, Transylvania

### LEARN ABOUT BEAUTIFUL TRANSYLVANIA

**Saturday, September 17, 6:30 PM**

**From the program:**

- Short historical summary
- Poems from Transylvania
- Folk dance
- Travel report with slide show
- Exhibit from Transylvania
- 3-course Transylvanian dinner

**Tickets:**  
 HAAW members: \$20  
 Non-Members: \$25  
 Kids (14 and under): \$5

*If you have any clothing or accessories from Transylvania (like skirts, blouses, vests, necklaces, etc.) please wear them for the evening!*

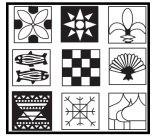
**Info:** Marta Horvath 206-365-8861 or Zsoka Jakab 206-200-4463  
**Reservation by Sep 12th:** Orsolya Homorodi 425-223-9630

Luther Memorial Lutheran Church  
 13047 Greenwood Ave North, Seattle, WA

State Park, Continued from page 1.

nizes lifetime achievement of artistic excellence and contributions to our nation's traditional arts heritage.

The festival is part of a broader series of events celebrating Washington's diverse cultures. [www.parks.wa.gov/events](http://www.parks.wa.gov/events).



~ WORLD Recipes ~

**Hawaiian Yam Bake**

- 8 servings
- 8 large Sweet potatoes or yams, peeled and cut into 2" chunks
- 2 cup Pineapple chunks
- 1 cup Banana; sliced
- 2 cup Hearts of palm; cut into 2"chunks
- 2 cup Tempeh; cut into 1"chunks
- 2 cup Dried lentils
- 3 cup Vegetable stock
- 1/2 cup Honey
- 2/3 cup Prepared spicy mustard
- 1/2 cup Cider vinegar

Preheat oven to 250 deg. Combine all ingredients in a large roasting pan or casserole dish. Place in oven and bake, covered, for 2 hours. Stir occasionally and serve hot.

For a sweeter taste, use apple juice to replace 1/2 of the vegetable stock.

**Hawaiian Shrimp Ono Nui (Coconut Shrimp)**

- 6 servings
- 24 large Raw shrimp, peeled
- 1/2 cup All-purpose flour
- 2 Eggs
- 3 cup Shredded coconut

Dredge shrimp in flour, then in eggs. Roll the shrimp through shredded coconut, covering them thoroughly. Deep fry shrimps at about 375 F, until they are brown. Serve with cocktail sauce to which crushed pineapple is added according to taste.

**Mexican Chili Poblano Pie**

- 6 servings
- 12 Poblano chilies, large fresh
- Chihuahua cheese, cubed
- 1 Garlic clove, large, halved
- 3/4 tsp. Salt
- 1/2 lb Monterey jack
- 1/4 Onion, small yellow, coarsely chopped
- 6 Eggs
- Crema Fresca
- 3 Tbls. Sour cream
- 1 1/2 cup Whipping cream

Make the Crema Fresca ahead of time: mix Cream and Sour Cream together. Cover and let stand at room temp. until thickened, 8 hours or overnight. Chill until ready to use. Char the Chili Peppers over a gas flame until blackened on all sides. Wrap them in a plastic bag and let stand for 10 minutes to steam. Peel and core the Chilies. Remove seeds, rinse and pat dry. Preheat

oven to 350 F. Generously Butter a 9" pie pan (preferably porcelain or stoneware with 2" sides). Open up Chili Peppers and arrange around sides of pan skin side down, point toward center of pan, extending about 1/2" above rim. Cover bottom of pan with Chilies. Finely grate cheese with onion and garlic in a processor using on/off pulses, about 30 seconds. Add Eggs and Salt. Process until smooth, stopping to scrape down the sides, about 15 seconds. Mix in the Crema Fresca (the Mexican equivalent of creme fraiche). Pour this filling over the Chilies. Curl the edges of the Chilies over the filling. Bake until golden brown and a knife inserted in the center comes out clean, 45 to 50 minutes. Cover Chili edges with foil to prevent burning, if necessary. Cool for 5 minutes before cutting. Serve hot or at room temperature.

**Mexican Ropa Vieja**

- 10 Servings
- 3 pounds flank steak
- 1 1/2 cups water
- 6 garlic cloves peeled
- 6 whole black peppercorns
- salt to taste
- 8 poblano peppers -- fresh
- 1/2 cup lard, bacon drippings, or vegetable oil
- 2 garlic clove, peeled and sliced
- 1 large onion, sliced 1/8" thick
- flour tortilla

Cut the flank steak in half horizontally so it will fit into a large Dutch oven. Place it in the pot and cover it with the water. Add the six whole cloves of garlic, along with the peppercorns and salt as desired. Place over low heat and bring the liquid to a simmer. Cover and continue cooking over low heat, turning the meat occasionally, until it is tender and well done, about one and a half to two hours.

While the meat is stewing roast, peel and seed the peppers and slice each pepper lengthwise into strips an eighth of an inch wide. Set aside.

When the meat is tender, remove the Dutch oven from the heat and let the meat cool in its own broth. When it cools enough to handle, remove it from the broth and place it on a cutting board. Slice the meat across the grain into strips about two inches across. Using your fingers, pull the meat into fine shreds. Return it to the broth.

Heat the lard or other fat in a large heavy skillet over medium heat until it is rippling. Crush the sliced garlic

cloves and add to the hot fat. Saute for one minute, stirring frequently. Add the sliced onions and saute until it's somewhat soft, about three minutes. Add the reserved pepper strips to the pan and continue sauteing and stirring for about two minutes.

Using a slotted spoon, transfer the peppers, onion and garlic to the Dutch oven. Cook the meat mixture, uncovered, over medium heat, stirring frequently until the flavors are blended about 10 to 15 minutes. Serve the meat hot, rolled up in heated flour tortillas.

**Italian Shrimp Risotto**

- 4 Servings
- 1 lb. Shrimp (unshelled)
- 1 Bay leaf
- Celery leaves (a few)
- 6 whole Peppercorns
- Salt, to taste
- Saffron threads (a few)
- 3 3/4 cup Water
- 6 Tbls. Butter, divided
- 1 Onion, chopped
- 1 Clove garlic, crushed
- 2 cups Italian Arborio rice
- 1 1/4 cups Dry white wine
- 2 Zucchinis, cut into thin strips
- 6 ounce Oyster mushrooms, cut into pieces
- 2 Tbls. Chopped fresh parsley
- 1/4 cup Grated Parmesan cheese, divided

Rinse and peel the shrimp; set aside. Rinse the shrimp shells, then put them in a saucepan along with the bay leaf, celery leaves, peppercorns, salt, saffron, and water. Bring to a boil, then simmer for 20 minutes. Strain and reserve the stock.

In a heavy large saucepan or skillet, melt 3 tablespoons of the butter; add the onion and garlic. Cook for about 5 minutes or until softened but not colored. Add the rice and stir to coat all the grains with butter. Add 1/3 of the reserved stock and bring to a boil, then simmer, uncovered, until the stock is absorbed. Stirring, gradually add more stock and the wine until it has all been absorbed and the rice is cooked; this will take about 20 minutes.

In a separate pan, melt the remaining butter, add the shrimp, zucchini, and mushrooms; cook for 3 or 4 minutes. Fold the mixture into the rice along with the rice and half of the cheese. Taste and add salt, if needed. Serve hot, sprinkled with the remaining cheese.



**JOIN US!**

*Become a member of the Ethnic Heritage Council. Join us in our 31<sup>st</sup> year of celebrating community. Your annual membership helps support the events, programs and services of the Council. Any additional contribution you give is greatly appreciated. Thank you for your support!*

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**EHC Members receive:** Subscription to EHC Newsletter; Advance notice of up-coming events; Event consultation. *Organizations may register two addresses.*

**Heritage Circle Members receive:** Same benefits as EHC Members. Plus: Free advertising - newsletter/website; Event/meeting location, as available at Seattle Center.

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The Ethnic Heritage Council is a non-profit, 501(c)(3) organization, registered in the state of Washington. Donations are tax deductible to the extent permitted by law. Your employer may offer a matching funds program to maximize your donation. Please check with your Human Resources Department. **Thank You**



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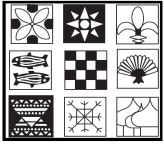
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The Ethnic Heritage Council is dedicated to preserving the unique mix of cultural traditions that enrich our Northwest communities. Annually, the Council produces several ethnic festivals, and a public naturalization ceremony on July 4th. EHC publishes CONTACT: A Directory of Ethnic and Cultural Resources in Washington State, and operates a referral service for the community. The Newsletter is a publication of the Ethnic Heritage Council of the Pacific Northwest. Submission deadline for the October 2011 edition is September 20th. Please send submission materials, to the EHC office via mail, fax: 206-443-1408; or email text items as attached word document: [ehc@seattle.gov](mailto:ehc@seattle.gov). Contact EHC with any questions at: 206-443-1410. Visit our website at: [www.ethnicheritagecouncil.org](http://www.ethnicheritagecouncil.org).



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*The Ethnic Heritage Council is dedicated to preserving the unique mix of cultural traditions that enrich our Northwest communities.*

Would you like to receive the EHC monthly newsletter quicker?

We will send the monthly newsletter and calendar of ethnic events as a pdf to you via email!

Let us know! Thanks!  
 - EHC staff

**21st Annual  
 Cultural Crossroads  
 November 4, 5 & 6, 2011  
 @ Crossroads Bellevue**

**Has your EHC membership expired?**

Please check your mailing label.

**Examples:**

12/1/10 = expired December 2010

12/1/11 = continues to December 2011

Please renew & support the work of the Ethnic Heritage Council.

**THANK YOU TO NEW MEMBERSHIPS & RECENT RENEWALS!**



*Due to City of Seattle and other budget cuts, the 2011 Seattle Center Winterfest will be severely cut back.*

*Therefore, the EHC portion—the traditional event kick-off weekend following Thanksgiving, the 12th Annual Winter Wordfest @ Seattle Center—is cancelled.*

10+  
seattle

# A 9/11 Day of Reflection at Seattle Center



Photo by - Austin James

The ancestor of every action is a thought. -Ralph Waldo Emerson

On September 11, 2001 and the following days, more than 30,000 people gathered at Seattle Center around the International Fountain for a flower vigil that became one of many such spontaneous gatherings around the world expressing the depth of humanity's capacity for empathy and compassion when faced with great loss and sorrow.

Ten years later, on Sunday, September 11, 2011, once again the International Fountain will welcome all who wish to be together and turn our thoughts and hearts once again toward humanity's greatest strength - compassion. There will be no speeches or presentations, but simply shared moments of remembrance, resilience, empathy, compassion, healing and community.

We will begin this day in silent meditation and reflection. At 5:46am, the Kobe Bell will sound correlating to the time that the North Tower was struck. The consecutive three events of September 11, 2001 will be marked in the same manner at 6:03am, 6:37am and concluding with a final ring at 7:03am.

All are welcome. Please come when you can and stay for at least 10 minutes in compassionate meditation.

**Where:**

International Fountain at Seattle Center  
in Seattle, Washington

**When:**

Sunday, 9/11/11  
5 - 8am, Quiet Reflection & Meditation  
8 - 10am, Open Gathering & Interaction

**What to Bring:**

Bring a blanket, chair, cushion, thermos  
or just yourself.

**Our Partners:**

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