

Ethnic Heritage Council

JANUARY 2012

Greeks in Washington - A Museum Without Walls

Explore the Greek Experience! Visit: <http://greeksinwashington.org/>

The idea of the Museum began in November 2009. The emphasis is on those items or stories that preserve and share the experience of Greeks in Washington State. Information is gathered by meeting with individuals and families to explain the purpose of the Greek-American Historical Museum, conduct interviews and identify possible items for the Collection. Such items may include oral and video histories, articles of clothing, textiles, photographs, written documents, publications or other artifacts.

The Greek-American Historical Museum is designed to tell the stories on line, in a "museum without walls." The Internet provides a means of making the history available to more people than could be reached in any other manner. The Board of the Greek-American Historical Museum of Washington State is grateful to the following for their expert contributions toward creating the "museum without walls": Ted Maroutsos, web administrator; Stephanie Tschida, logo design; Rusyniak Designs, site design. Eventually, a physical site may be used to display the items in the Collection.

The Greek-American Historical Museum is a non-profit corporation registered in the State of Washington and is exempt from taxes under Section 501(c)(3) of the Internal Revenue Code. It is governed by officers and a Board of Directors. A larger group meets regularly to help plan the activities of the Museum. Donations to the Greek-American Historical Museum may be tax deductible under the Internal Revenue Code. **MISSION:** To establish an organized means of collecting, preserving and making available the history and culture of the Greek-American community in Washington State.

Washing State Area Histories

The Greeks in Washington Collection counts among its holdings city and regional histories authored by dedicated members of Greek communities in Washington. Some of these publications also contain excellent summaries of both national and northwest trends.

One will find religious and secular activities combined in most of these publications as more often than not events took place at the

Continued on page 2, Greeks

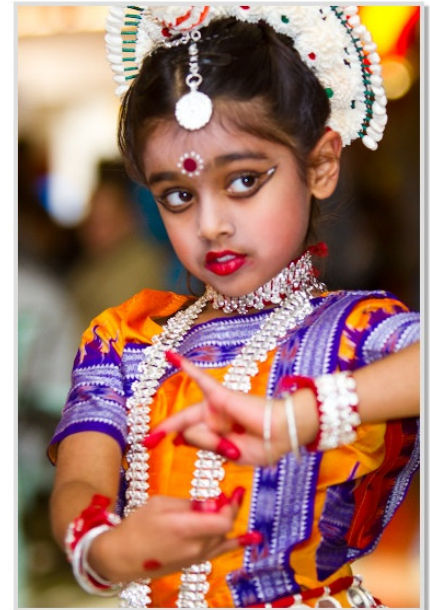


Photo by Jal Schrof

A Glance Back @ 2011
21st Annual
Cultural Crossroads
November 2011

**EHC 31st Annual
Dinner & Awards
Ceremony
March 2, 2012**

EHC 31st Annual Dinner & Awards Ceremony, March 2, 2012 at NHM

Join us March 2nd at the Nordic Heritage Museum in Ballard as we honor the 2012 Awardees and the Ethnic Heritage Council as we begin our 32nd year of celebrating community!

Each year we honor members of our ethnic communities who have made a difference in our and their communities.

Let us and the community at large know about the spectacular leader in YOUR community by sending in your nomination by **January 23, 2012.**

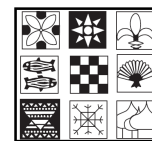
To view our past award recipients, go to:
www.ethnicheritagecouncil.org

HAPPY NEW YEAR

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Insert: Award Nomination Form



Greeks, Continued from page 1

respective Greek Orthodox churches. Thus, photos of Greek Orthodox weddings may appear along with those of social events such as picnics and fraternal activities. The Orthodox sacraments and traditions provided the early Greeks with a sense of security in their new homeland. Once the Greeks established their homes and their means of income, the Church played an increasingly important role in their lives.

The hard work of the early settlers and of those who have documented their history is invaluable. These publications plus a growing number of personal and family histories are archived in the Collection and are available for public view and research.

Riverside Remembers II. Greater Riverside Organization. Everett, Washington: 1986. (212 pages)

This is a compilation of the memories of 50 contributors about Everett and its environs, especially the east Everett neighborhood of Riverside. One of the pieces, "The Greek Community in Everett," (pages 100-105) was written by Panos C. Koutlas, a longtime Everett resident, who captures Greek life in Everett beginning in the early 20th century when there were up to 3,000 Greeks living in the Greater Everett area. The story outlines the integration of these Greek Everettites into the business community of the city.



More Stories of Everett's Greater Riverside Area

Hellenic Heritage, History of Greek Immigrants in the Yakima Valley through 1950. Adeline, A. R., Adeline, Katherina and Rumpakis, Cleo Adeline. Yakima, Washington: 2002 (221 pages)

This book covers the history of the Greeks of Benton, Kittitas and Yakima counties from 1887 to 1950. Emphasis is placed on family

histories. Professions and businesses, social life, AHEPA (American Hellenic Educational Progressive Association), and World War II participation are featured. The last 100 pages of the book include statistics on railroad workers, census information, restaurateurs, non-Greek spouses, and a Greek file index with vital statistics of the families. Information was gathered from a variety of sources.

Greek Americans of Bellingham and their Christian Friends, A Pictorial History. Margaritis, Stephen. Bellingham, Washington: 1993. (131 pages)

Prefaced by a substantive section on immigration in general (The Immigrant Story, pages 6-20), this book covers the history of Bellingham Greek American families from the early 20th century to 1990. The families are presented in two sections: before and after

World War II. The book has a rich collection of photos and includes a bibliography.

Holy Trinity Greek Orthodox Church: From the Beginning . . . An Informal History of our Parish. Damascus, Mary. Spokane, Washington: 1997. (58 pages)

Holy Trinity Greek Orthodox Church in Spokane was founded informally in the late 1920s by a few families who

would bring Orthodox priests from neighboring cities to conduct occasional liturgies and sacraments. This book covers the history of that parish up to 1997. Along with the church history, the publication highlights all of the organizations that helped to provide a sense of community for these Greek immigrants—the Hellenic Club, AHEPA and its auxiliaries, Greek school and Greek War Relief, to name a few. The history details the evo-

lution of the church as well as the community that built it.

The Assumption Church in History 1939-1979. Fortieth Anniversary Committee. Ed. Joann G. Nicon. Seattle, Washington: 1979. (44 pages)

Published to commemorate the 40th anniversary of the Greek Orthodox Church of the Assumption in Seattle, this publication covers the establishment of the parish and the perceived need of the immigrants that founded it. The book is divided into three sections: the beginning, the development, and the present as future. In addition to worship, many aspects of the community within the church are covered.

A 75 Year Journey Through Saint Nicholas Greek Orthodox Church, 1925-2000. The Saint Nicholas 75th Anniversary Book Committee. Ed. Sophronia Tomaras. Tacoma, Washington: 2000. (175 pages)

This book covering the history of Saint Nicholas Church in Tacoma is divided into two sections: Part 1 covers 1925-1975 and Part 2 covers 1975-2000. In addition to the religious aspects of the church, all of the community-building activities are covered—coffee houses, organizations, language and Sunday schools, dance groups, GOYA (Greek Orthodox Youth of America), scouting, AHEPA and its auxiliaries, Greek Festival. The book also contains a speech entitled "The Greeks in the Pacific Northwest" by Father E. Anthony Tomaras originally delivered to the Pacific Northwest History Conference at the University of Puget Sound, Tacoma, in April of 1963.

A History of Saint Demetrios Greek Orthodox Church and Her People 1882-1999. St. Demetrios Greek Orthodox Church. Editorial Board. Seattle, Washington: Academy Press, 2005. (440 pages)

This complete history of St. Demetrios Church in Seattle was published in 2005 in commemoration of the 75th anniversary of the parish (1921-1996). In addition to the chapter entitled "History of St. Demetrios Church," a multitude of other aspects of church life are covered: life in the evolving community, education, worship and Divine Liturgy, culture and ethnic organizations among others. The book also includes vital statistics and a bibliography.

All information from Greeks in Washington website.



READ THIS NEWSLETTER
ON LINE! VISIT:
www.ethnicheritagecouncil.org
~ JANUARY 2012 ~

January 1

Carnival—This exhibit displays the history, art, and significance of carnival celebrations around the world. Videos, music, masks, costumes and colorful displays will highlight distinctive traditions of eight communities in Europe and the Americas. **Through January 8.** Burke Museum. www.burkemuseum.org.

Cold Recall—Come see this new exhibition, Cold Recall: Reflections of a Polar Explorer which showcases images from the hand-colored lantern slides that Roald Amundsen used in public lectures about his expedition to the South Pole. **Through February 5.** Nordic Heritage Museum. Call: 206-789-5707; www.nordicmuseum.org

January 3

Playful Geometry—The Gallery and Town Center presents Playful Geometry - featuring artwork by Joan Keith and Ellen Witebsky. **January 3 - February 18.** The Gallery. Call: 206-417-4645; www.shorelinearts.net.

Pearl Django—The Pacific Jazz Institute at Dimitriou's Jazz Alley presents Pearl Django with special guest Martin Taylor. **January 3-8.** 7:30pm, Jazz Alley. Call: 206-441-9729; www.jazzalley.com.

January 4

Coriolanus—Shakespeare makes politics personal in this tragedy by plumbing the depths of emotions between mother and son, pride and patriotism, ego and honor. **January 4-29.** Center House Theatre. Call: 206-733-8222; www.seattleshakespeare.org.

January 5

Nordic Stories—Join us for our fifth year of Nordic Stories, geared towards preschool children and their grown-ups. This month's story is Olie's Bedtime Walk - a story by Danish author Grete Janus Hertz. 10am, Nordic Heritage Museum. Call: 206-324-9996; www.nordicmuseum.org, www.siff.net.

Free First Thursday—On the first Thursday of every month, admission to the Burke Museum is free and the

museum remains open late for visitors to explore the exhibits. 10am-8pm, Burke Museum. Burke Museum. Call: 206-543-5590; www.burkemuseum.org.

Burke Trivia Night—The Burke Museum presents a monthly pub quiz for science buff, culture gurus, and museum lovers. Bring your friends and test your knowledge of the natural world. 8pm, College Inn Pub. Burke Museum. Call: 206-543-5590; www.burkemuseum.org.

Free First Thursday—Get a closer look at MOHAI's exhibits by joining one of our gallery tours led by skilled MOHAI docents. 10am-8pm, MOHAI. www.seattlehistory.org.

January 6

Nordic Lights Film Festival—We are pleased to announce the third Nordic Lights Film Festival in partnership with the Seattle International Film Festival. The festival will feature contemporary, award-winning films from Denmark, Finland, Iceland, Norway and Sweden. **January 6-8.** Seattle Center. Call: 206-684-7200.

Rush Hour: Doctor Atomic Symphony—Come for a performance by Seattle Symphony and enjoy specialty drinks and small plates by Wolfgang Puck Catering. 5:30pm, Benaroya Hall. Call: 206-215-4747; www.seattlesymphony.org.

O(PA)Opera—This special live performance combines musicians and handmade paper. 8pm, Seattle Asian Art Museum. Call: 206-654-3121; www.seattleartmuseum.org.

Balkan Dance Lessons—Are you wanting to learn some classic Balkan Dances. Sign up for this series and learn different dances to music and end with a live music dance party. **January 6, 13, 20, 27.** The Russian Center. www.seattlebalkandancers.org.

First Friday Dance—Join the Skandia Folkdance Society for their monthly First Friday Dance. Dances will be taught by Milt and Bev Anderson. 7:30pm, Cedar Valley Grange. Call: 206-784-7470; www.skandia-folkdance.org.

14/48—The world's quickest theatre festival. 14 plays are created, written, designed, scored, rehearsed, and

performed in just 48 hours. **January 6-7.** ACT Theatre. Call: 206-292-7676; www.acttheatre.org.

January 7

Rachmaninoff—For the first time in its twenty-year history, Cappella Romana sings in its entirety the monumental All-Night-Vigil ("Vespers") by Sergei Rachmaninoff. 8pm, St. James Cathedral. Call: 800-494-8202; www.cappellaromana.org.

January 8

Carnival! - Join us for the Carnival! Weekend workshop. Children and adults are invited to make their own Carnival masks, props and costumes in the exhibit. Burke Museum. Call: 206-543-5590; www.burkemuseum.org.

Mochi Tsuki—Celebrate 2012 at the 23rd Anniversary of a Bainbridge Island Japanese-American tradition. 11am-3pm, Island Wood. Call: 206-491-2336.

Swedish Pancake Breakfast—Come enjoy a traditional Swedish Pancake breakfast and stay afterwards for genealogy help in the lobby. 8am-1:30pm, Swedish Cultural Center. Call: 206-283-1090.

Luminous—Come see this inspiring exhibit Luminous: The Art of Asia. Seattle Art Museum. www.seattleartmuseum.org.

January 10

Joshua Bell—Classical music superstar Joshua Bell joins the Seattle Symphony and music director Ludovic Morlot to perform Max Bruch's popular Violin Concerto No. 1 in G minor. 7:30pm, Benaroya Hall. Call: 206-215-4748; www.seattlesymphony.org.

Grafitti—The Pacific Jazz Institute at Dimitriou's Jazz Alley presents Grafitti with special guests Dennis Chambers and Gary Grainger. **January 10-12.** 7:30pm, Jazz Alley. Call: 206-441-9729; www.jazzalley.com.

West Side Story—More than fifty years ago one musical changed theatre forever. Now it's back, and mesmerizing audiences once again. From the first note to the final breath, West Side Story soars as the greatest love story of all time. **January 10-15.** Paramount Theatre. Call: 206-628-1414; www.stgpresents.org.



January 11

In-Flight Emergency—A heroic captain will tell the story of how he and his crew successfully dealt with an in-flight emergency that could have been one of the biggest disasters in airline history when one of the aircrafts engines exploded during their flight. 7pm, Museum of Flight. Call: 206-764-5720; www.museumofflight.org.

January 12

Arturo Sandoval—The Pacific Jazz Institute at Dimitriou's Jazz Alley presents Grammy-Winning Internationally recognized Afro-Cuban Trumpeter Arturo Sandoval. **January 12-15.** 7:30pm, Jazz Alley. Call: 206-441-9729; www.jazzalley.com.

January 13

14/48—The world's quickest theatre festival. 14 plays are created, written, designed, scored, rehearsed and performed in just 48 hours. **January 13-14.** ACT Theatre. Call: 206-292-7676; www.acttheatre.org.

January 14

Thumbelina—The Northwest Puppet Center performs Hans Christian Andersen's story of the original flower child! Thumbelina decides everything around her is super-sized so she sets off to find her own place in this world. **January 14-29.** Call: 206-523-2579; www.nwpuppet.org.

Remembering Century 21: A Community History—MOHAI invites you to explore the memories, memorabilia, and myths of Seattle's 1962 World's Fair through a series of free community-wide workshops. 10am, MOHAI. www.seattlehistory.org.

Around the World—Celebrate the musical traditions of China, Japan, Korea, and India together with those of the West at Around the World: A Musical Journey. Call: 206-215-4747; www.seattlesymphony.org.

25th Birthday—Come celebrate Sno-King International Folkdancers 25th Birthday with a potluck and dance to live music by Allspice. 6pm, Cedar Valley Grange. Call: 425-385-2088.

BALKANARAMA @ Georgia's Greek Restaurant. Balkan, Gypsy Dance music. With Belly Dancing: Dinah Kinney. 7pm 'til the music and dancing stop. Call: 206-783-1228; www.georgiasgreekrestaurant.com

January 15

Italian Wine Tasting—Don't miss this Italian wine tasting and appetizers fundraiser! Bella Vita Lodge #2285 in Tumwater. Call: 253-241-4756.

January 16

United for the Common Good—Don't miss this Martin Luther King Jr. celebration sponsored by King City with speaker Rita Bender, widow of civil rights worker Michael Schwener. 12pm, Paramount Theatre. Call: 206-296-7652.

Racism, Poverty, War: Katrina, Iraq, No More! - This special set of workshops and rally/march are organized by the MLK Jr. Celebration Community. 9:30am, Garfield High School. Call: 206-812-4940; www.mlkseattle.org.

Chris Minh Doky—The Pacific Jazz Institute at Dimitriou's Jazz Alley presents Chris Minh Doky and the Nomads with Dave Weckl. **January 17-18.** 7:30pm, Jazz Alley. Call: 206-441-9729; www.jazzalley.com.

January 17

City and Colour—Don't miss this chance to see City and Colour live in concert! The voice is unmistakable - immediately identifiable by those who know it and intensely intriguing to those who don't. Neptune Theatre. Call: 206-628-1414; www.stgprepresents.org.

January 18

Romeo and Juliet—This classic play is a swashbuckling drama and the greatest love story ever told. Don't miss this special opportunity to see this touring production of Romeo and Juliet. **January 18-28.** Center House Theatre. Call: 206-733-8222; www.seattleshakespeare.org.

Trio Con Brio—See a performance by Trio con Brio from Copenhagen, Denmark as part of the UW World Series. 8pm, Meany Hall. Call: 206-543-4880; www.uwworldseries.org.

Jake Shimabukuro—See a performance by Ukulele master Jake Shimabukuro. 7pm, Admiral Theatre. Call: 360-373-6743; www.admiraltheatre.org.

January 19

Edmonds Art Walk—On the third Thursday of every month you can admire works from local artists in

various locations in downtown Edmonds. Check out local shop, and listen to music from local artists such as Dan Voetmann in front of Saetia. 5-8pm, Downtown Edmonds. www.edmonds.patch.com.

Jeff Lorber Fusion—The Pacific Jazz Institute at Dimitriou's Jazz Alley presents the Jeff Lorber Fusion with special guest Randy Brecker. **January 19-22.** 7:30pm, Jazz Alley. Call: 206-441-9729; www.jazzalley.com.

January 20

Skandia Family Dance—Join the Skandia Folkdance Society for their monthly Third Friday Dance as well as the Family Dance. Crafts and musical experiences are available! 7pm, Cedar Valley Grange. Call: 206-784-7470; www.skandia-folkdance.org.

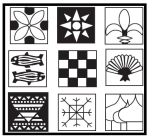
January 21

Seattle Center Festál - Têt Festival: Vietnamese Lunar New Year - A free celebration event held annually at the Seattle Center and is a part of Seattle Center Festal, world cultural events. For the past 16 years, Têt Festival has celebrated the traditions of Vietnamese and Vietnamese-Americans by presenting and promoting arts, music, performances and foods that are unique to Vietnam. Center House & Fisher Pavilion, Seattle Center. **January 21-22.** Call: 206-684-7200; <http://www.tetinseattle.org>; www.seattlecenter.com.

Juggletunes—Winner of multiple National Awards for her Children's CD's, Linda Severt is a 'creative genius' who weaves hilarious physical comedy into her music concerts with refreshing originality. Visit: www.lindasevert.com.

Jazz It Up! - The Shoreline-Lake Forest Park Arts Council presents Jazz It Up! This is the Council's annual Arts Scholarship Program fundraiser - this year with special guest, award-winning baritone saxophonist Gary Smulyan. 7:30pm, Shoreline Center Auditorium. Call: 206-417-4645; www.shorelinearts.net.

Pasatempo Rebetika—Mark your calendars for an full evening of Greek soul music. Grab your para and come join us for some of the best rebetika around - songs of love, death, heartbreak and all the sorrows and joys of life! 7:30pm, The Triple Door. www.tripledoor.com.



Birthday for Mozart—Come for a birthday party celebration for Mozart including 'a musical joke' and his Violin Sonata #17. 9:30am, Benaroya Hall. Call: 206-215-4747; www.seattlesymphony.org.

Winter Pow-Wow—Join WACIPI for their 13th annual traditional Winter Pow-Wow. 12pm, PCC Sylvania HT Gym. Call: 503-977-4116; www.pcc.edu.

Lion Dance—See the 'Lion Dance' performed by Lieu Quan Lion Team. 10am-8pm, Wing Luke Museum. Call: 206-623-5124; www.wingluke.org.

Oshogatsu—Don't miss this traditional Japanese tea ceremony hosted by Urasenke Tankokai Seattle Association. 4:30pm, Wing Luke Museum. Call: 206-623-5124; www.wingluke.org.

Dinner at the Croatian Club—Roast Chicken, Gnocci, Brandy Carrots, Salad, Bread, Dessert. SLIDESHOW AFTER DESSERT: Stick around for a presentation of Wallie Funk photographs from his trip to Alaska with the purse seine fleet in the 1950s. 6:30pm, American Croatian Club of Anacortes, 1202 - 7th Street, Adults: \$12 Kids: \$6. Facebook: [http://www.facebook.com/pages/Croatian-Club/112739645408876?](http://www.facebook.com/pages/Croatian-Club/112739645408876?ref=tn_tnmn)

Website for Croatian Fishing Families of Anacortes: <http://anacortescroatianclub.com/>
www.croatianclub@frontier.com

Vagabond Opera—See a performance by Vagabond Opera with the Erav Ray Klezmer band plus belly dancing and juggling. 8pm, The Olympia Ballroom. www.olympiaballroom.com.

January 22

Celebrate Asia—Come to Celebrate Asia! A Celebration of Seattle's Asian Community. The evenings events include performances by Belltown Martial Arts, Lien Tam Music Academy, and Guitarist Angelo Pizarro. 6:30pm, Benaroya Hall. Call: 206-215-4747; www.seattlesymphony.com.

David Garrett Live—Don't miss Rock Symphonis II Tour, David Garret Live - The world's most exciting violinist uniting the worlds of classical and pop music. Paramount Theatre. Call: 877-784-4849; www.stgpresents.org.

Sugar Blue—The Pacific Jazz Institute at Dimitriou's Jazz Alley presents Grammy-award winning Blues musician and harp hero Sugar Blue. **January 24-25.** 7:30pm, Jazz Alley. Call: 206-441-9729; www.jazzalley.com.

January 25

Valkyrie: Building an Authentic Viking Ship—Join us for an evening with Geoff Briggs who will talk about his project to build an authentic Viking ship. This ship is being built in Anacortes with W.I.L.D. 7pm, Nordic Heritage Museum. Call: 206-789-5707; www.nordicmuseum.org.

January 26

WAR—The Pacific Jazz Institute at Dimitriou's Jazz Alley presents Funk-Rock-Soul group WAR. **January 26-29.** 7:30pm, Jazz Alley. Call: 206-441-9729; www.jazzalley.com.

Pandora—See "Unforgettable Moments of Love on Ice" starring Kenny G and Gladys Knight. 7pm, ShoWare Center. Call: 253-856-6999; www.showarecenter.com.

January 27

Kef—The popular band Kef from Eugene is hosted by the Seattle Balkan Dancers for an evening of fun. 9-11:30pm, The Russian Center. Call: 4250883-0332; www.seattlebalkandancers.org.

On a Cold Winter's Night—Come to this Italian-style Dinner. Holy Family Church in Yakima. Call: 509-952-5519.

Scandinavian Folkdancers—Join the Scandinavian Folkdancers for Polka lessons and an evening of fun. Music by the Seattle Skandia Spellmanslag. 7:30pm, Swedish Cultural Center. Call: 206-283-1090.

January 28

Crab Feed—Join the Sons of Norway for their annual Crab Feed Educational fundraiser dinner and dance. Enjoy jazz/blues music by Victoria Mjolsnes along with a Crab Feed as well as a Silent and Dessert Auction. Leif Erikson Lodge 2-001. www.leiferiksonlodge.com.

Anjelah Johnson—Don't miss this hilarious performance by standup comedian Anjelah Johnson. Paramount Theatre. Call: 877-784-4849; www.stgpresents.org.

Hungry Planet—Bring friends and family to Hungry Planet: What the World Eats, an exhibit featuring 10 countries. **January 28-June 10.** Burke Museum. Call: 206-543-5590; www.burkemuseum.org.

January 29

Hungarian Pianist Endre Hegedus Returns to Seattle! For more recital details, email: lazloco@msn.com; visit: www.pianist.hu, (Click on EN for English in the upper right corner.)

January 31

Angela Fu—See this exhibit featuring Angela Fu's Floral Watercolor Paintings. Evergreen Gallery. www.danceswithlines.com.

~ MORE ~

Multicultural Events at KCLS Programs for Children, Families and Adults. Early Literacy Parties in Spanish, ESL Talk Time, Citizenship Classes, ESL Classes, Family Law Resources, and Computer Classes and more in many languages: Spanish, Polish; Mandarin; Chinese, Japanese, French, Russian, Hindi, Korean and more! Visit: www.kcls.org.

Festál Cultural Festivals 2012 - Festál, presented by Seattle Center in partnership with community organizations, is a year-long series of FREE events that honors the cultural richness and diversity of the Pacific Northwest. Festál plays a vital part in Seattle Center efforts to connect our dynamic and varied communities. Visit: <http://www.seattlecenter.com/festal/>



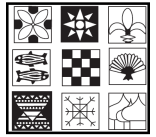
Learn Argentine TANGO in 2012!!! Visit: www.mstango.com; email: mstangosita@juno.com; Call: 206.595.2047.

Has your EHC membership expired?

Please check your mailing label.
Examples:
12/1/11 = expired December 2011
12/1/12 = continues to Dec. 2012

Please renew & support the work of the Ethnic Heritage Council.

THANK YOU TO NEW MEMBERSHIPS & RECENT RENEWALS!



~ WORLD Recipes ~

PHO (VIET BEEF SOUP)

4 Lbs. Beef shin with bones or 2 medium oxtails, cut up.
1 medium Onion, unpeeled
5 Slices fresh ginger
1 Piece star anise
1 Tbls. Salt
2 ½ Tbls. Chinese fish sauce
1 Bundle medium Chinese vermicelli
Boiling water
½ lb. cooked sirloin (or beef tenderloin or chuck), thinly sliced
3 Scallions, chopped
Fresh cilantro sprigs, Pepper, Fresh chiles, sliced

Boil beef (with bones) or oxtails in 3 qts cold water. Skim off foam and fat. Cover and simmer for 4 hours. Broil onion until flesh is soft, turning often. Peel. Add onion, ginger, anise, salt, and fish sauce to beef broth just before it has finished simmering. Also just before beef broth finishes simmering, drop vermicelli into a pot of boiling water. Cook 8 minutes, remove from water, rinse in cold water, and drain. Divide vermicelli into three equal portions and place in 3 individual serving bowls. Divide beef into 3 equal portions and place on top of vermicelli in the bowls. Garnish each bowl with scallions and 2 or 3 fresh cilantro sprigs. Strain broth, reserving beef and flavorings. Pour one cup broth over contents of each bowl. Sprinkle with pepper and chiles. Serve immediately. Reserved beef, flavorings, and extra broth can be eaten separately.

VIETNAMESE LEMONGRASS CHICKEN

3 Lbs. Frying chicken
½ cup Lemongrass, about 4 stalks minced
3 Scallion
2 Tbls. Peanut oil
2 Red chile peppers; chopped
2 tsp. Sugar
½ cup Chicken stock; fresh or can
¼ tsp. Black pepper; freshly ground
1 tsp. Salt
Garnish:
½ cup Dry-roasted peanuts, chopped
2 Tbls. Nuoc Mam (fish sauce)
Coriander leaves; chopped

Chop the chicken into small serving pieces, chopping through the bones with a very sharp cleaver. Remove the outer leaves of the lemongrass and finely slice the tender white part at the base of the stalks. Bruise with a mortar and pestle or the handle of a cleaver. Finely slice the scallions, including the green tops.

Mix the chicken with the salt, ¼ teaspoon pepper, the lemongrass and scallions and set aside for 30 minutes. Heat a wok and add the oil, and when the oil is hot add the chicken mixture and stir-fry for 3 minutes. Add chile peppers and stir-fry on medium heat for 10 minutes or until chicken no longer looks pink. Season with sugar and pepper and add the chicken stock. Stir for a few minutes.

Garnish with the peanuts, "nuoc mam" and coriander. Serve with rice, if desired.

NUOC LEO (VIETNAMESE PEANUT SAUCE)

1 Clove garlic, sliced
1 Tbls. Vegetable oil
1 small Piece of pork liver minced (size of a large chicken liver)
1 Tbls. Ground pork
1 tsp. Tomato paste
¼ cup Tuong (find at Vietnamese market)
½ cup Water
1 ½ tsp. Peanut butter
1 Tbls. Granulated sugar
1 ½ Tbls. Sesame seeds
10 Roasted unsalted peanuts, coarsely
Thin strips of hot pepper for garnish

Using medium heat, fry the garlic in the oil. Add the liver and pork. Lower the heat and add the tomato paste; stir and add the tuong. Stir again and add the water and peanut butter. Raise the heat to medium and add the sugar. Boil for 1 minute and transfer to a bowl. Add the sesame seeds to a medium-hot frying pan, stirring constantly until browned. This should take 2 to 3 minutes. Add the sesame seeds to the nuoc leo, along with the chopped peanuts. The sauce can be garnished with thin strips of hot pepper.

Note: Beef or chicken liver can be substituted, but pork liver is preferred.

GREEK MOUSSAKA

1 Tbls. Butter
1 cup Finely chopped onion
2 lbs. Lean ground beef or lamb
1 ½ lbs. Tomatoes -- peeled & sliced
¼ cup Chopped parsley
6 oz. Tomato paste
Salt & pepper
Vegetable oil
Flour
2 large Eggplants, peeled, sliced
2 each Potatoes, peeled, sliced
1 cup Butter
1 cup Flour
4 cups Milk, hot
4 eggs slightly beaten
1 cup Grated Mizithra or Parmesan

1 dash Nutmeg
Salt & pepper

Melt 1 tablespoon butter in large skillet. Sauté onion until soft. Add beef ½ pound at a time and cook in batches until brown. Add tomatoes, parsley and tomato paste. Cook 10 to 15 minutes. Season with salt and pepper to taste. Set aside. Heat oil in large frying pan. Flour eggplant lightly. Saute' eggplant on both sides in hot oil until golden. Fry potatoes in same skillet, using additional oil if necessary. Set aside. Melt 1 cup butter in medium saucepan. Add 1 cup flour slowly, stirring to form smooth paste. Gradually add hot milk, stirring over low heat until thick and smooth. Mix in eggs and cheese; cook 1 minute. Season with nutmeg, salt and pepper to taste. Preheat oven to 350 degrees. In a 2-quart baking dish, arrange in alternating layers: potatoes, ½ meat sauce, ½ eggplant, ½ meat sauce, remaining eggplant. Pour cheese sauce over top. Bake until golden, about 50 to 60 minutes.

KOULOURAKIA (GREEK SESAME COOKIES)

1 cup Butter
1 cup Caster sugar
1 tsp. Vanilla essence
3 each Eggs
5 cups Plain flour
3 tsp. Baking powder
½ tsp. Ground cinnamon
¼ tsp. Ground cloves
¼ cup Milk
½ cup Toasted sesame seeds

Makes: 70 Cooking time: 15-20 minutes Oven temperature: 190 C (375 F)
Cream butter and sugar with vanilla essence until light and fluffy. Beat eggs, reserve 1 tablespoon for glazing and add remainder gradually to butter mixture, beating well. Sift dry ingredients twice. Stir into creamed mixture alternately with milk to form a soft dough. Knead lightly until smooth. If dough is sticky, chill for 1 hour. Scatter some sesame seeds lightly on one side of pastry board. Shape pieces of dough into thick pencil shapes and roll onto the sesame seeds to coat lightly or according to taste. Double over rolled dough and twist, or form into rings, figure eights or coils. Place on greased baking sheets and glaze with reserved egg beaten with a little milk. Bake in a moderate oven for 15-20 minutes until golden brown. Cool on a wire rack and store in an airtight container.
Variation: Roll dough in granulated sugar instead of seeds.



JOIN US!

Become a member of the Ethnic Heritage Council. Join us in our 32nd year of celebrating community. Your annual membership helps support the events, programs and services of the Council. Any additional contribution you give is greatly appreciated. Thank you for your support!

| | | | | |
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EHC Members receive: Subscription to EHC Newsletter; Advance notice of up-coming events; Event consultation. *Organizations may register two addresses.*

Heritage Circle Members receive: Same benefits as EHC Members. Plus: Free advertising - newsletter/website; Event/meeting location, as available at Seattle Center.

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| <input type="checkbox"/> I wish to make a contribution of \$ _____ | _____ |
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The Ethnic Heritage Council is a non-profit, 501(c)(3) organization, registered in the state of Washington. Donations are tax deductible to the extent permitted by law. Your employer may offer a matching funds program to maximize your donation. Please check with your Human Resources Department. **Thank You**



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WHO WE ARE...

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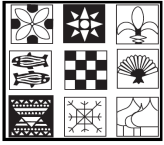
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 Sally Rutledge, *Projects Support, Newsletter/Calendar Assistant*
 Jessica Segur, *Calendar Assistant*

The Ethnic Heritage Council is dedicated to preserving the unique mix of cultural traditions that enrich our Northwest communities. Annually, the Council produces several ethnic festivals, and a public naturalization ceremony on July 4th. EHC publishes CONTACT: A Directory of Ethnic and Cultural Resources in Washington State, and operates a referral service for the community. The Newsletter is a publication of the Ethnic Heritage Council of the Pacific Northwest. Submission deadline for the February 2012 edition is January 20th. Please send submission materials, to the EHC office via mail, fax: 206-443-1408; or email text items as attached word document: ehc@seattle.gov. Contact EHC with any questions at: 206-443-1410. Visit our website at: www.ethnicheritagecouncil.org.



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preserving the unique mix of cultural traditions
that enrich our Northwest communities.*

Mark Your Calendars:

***EHC Annual Dinner &
Awards Ceremony***

Friday, March 2, 2012

***At the Nordic Heritage Museum
Catered by IKEA***

